“Sanoon” a traditional topical dosage form used in oral cavity diseases

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Abstract:
A part of Iranian traditional medicine (ITM) is about oral cavity diseases and many topical dosage forms such as “Sanoon”. In ITM, “Sanoon” is a powder dosage form that used locally on teeth and oral cavity. “Sanoon” is an Arabic word, derived from “Sen” that means tooth. The aim of this study is searching and evaluating of ITM techniques in treatment of oral cavity diseases and finding new ways to solve the recent therapeutic problems.

Traditional data about sanoon and indications were searched in traditional books such as Qarabadin-e-kabir, Qarabadin-e-salehi and Qarabadin-e-azam. New findings were searched by keywords such as “herbal dental powder”, “herbal dentifrice” in these motor searches: Googlescholar, Sciencedirect, Pubmed and Scopus. The traditional medications and components were compared with new findings in pharmacy and dentistry.

“Sanoon” have had different types. They were used in different diseases by changing in components and particle size for example: halitosis, oral sore, oral infections and dental bleaching and fixing the loosed teeth. One of the most important indications of Sanoon mentioned teeth growing accelerator in children. But in this topic, any new findings were not founded. Besides, in this study, it was founded that changing in Sanoon particle size have had different indications.

In Iranian traditional medicine and pharmacy, many viewpoints and techniques can be useful for finding new methods in new medicine.

Keyword: Sanoon, dental powders, Iranian traditional pharmacy, oral cavity diseases