Root Canal Treatment of a Hypertaurodont Mandibular Second Molar: A Case Report

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Abstract

Taurodontism is a morphologic feature of generally multi-rooted teeth with large pulp chambers and shortened roots. A case of endodontic treatment in a 24-year-old male with the chief complaint of swelling and pain in the right mandibular region is described. Periapical lesion was present in the radiographic examination of hypertaurodont second mandibular molar. Four root canals were detected with an endodontic microscope. The canals were prepared and obturated with lateral condensation technique in the second appointment. The patient was asymptomatic in the 18-month follow-up.

Key words: Pulp chamber, root canal, taurodontism.

Introduction

Comprehensive knowledge of tooth anatomy and root canal morphology is crucial in success of root canal treatment. The term “taurodontism” was first introduced in 1908 and is defined as a morphologic change of generally multi-rooted teeth with large pulp chamber which its pulpal floor and furcation is apically displaced.1 This anomaly is the result of Hertwig's epithelial sheath inadequacy to invaginate at the proper horizontal level.2 Taurodontisms can be seen unilaterally or bilaterally, in any quadrants, and in both permanent and deciduous dentition.3,4 Review of literature shows a wide range in the prevalence of taurodontisms in different populations; however, one study showed the prevalence of this anomaly to be 5.5% in the south of Iran.5 According to the furcation level, taurodontism has been classified into mild “hypotaurodontism,” moderate “mesotaurodontism,” and severe “hypertaurodontism.”6 Taurodontism has appeared as an isolated anomaly most of the times, but association with several syndromes, familial inheritance, and genetic malformation has been reported.2,7

Case Report

A 24-year-old male patient with a non-contributory medical history was referred to Shiraz University of Medical Sciences Department of Endodontics. The chief complaint of the patient was swelling in the right mandibular region. Clinical examination revealed deep amalgam restoration in the right mandibular second molar and a firm swelling in submandibular region. Performing vitality tests, complete necrosis was confirmed. Preoperative radiograph showed a priapical radiolucency of the mentioned tooth. The tooth revealed the characteristics of hypertaurodontia in the radiograph (Figure 1). After achieving anesthesia with 2% lidocaine and 1:80000
epinephrine (Daroupakhsh, Tehran, Iran), the tooth was isolated with a rubber dam and access cavity was prepared. Detection of the root canals deemed difficult and was performed with an endodontic microscope (OPMI Pico Dental Microscope; Zeiss, Oberkochen, Germany). Four root canals were detected. Working length was determined with an electronic apex locator (Raypex 5, VWD GmbH, Munich, Germany) and confirmed with k-files (Dentsply-Maillefer, Ballagius, Switzerland) and radiography (Figure 2).

Individual canal instrumentation was performed with ProTaper (Dentsply-Maillefer, Ballagius, Switzerland) rotary Ni-Ti files, S1 to F2. Canals were irrigated with 2.5% sodium hypochlorite. Calcium hydroxide paste with normal saline was placed as an intracanal medicament with a lentulospiral and the access cavity was sealed with a temporary filling material (Cavisol; Golchai CO., Tehran, Iran; Figure 3). Incision and drainage was performed in the same session.

Ten days later at the second appointment, the patient was asymptomatic. Root canals were irrigated with sodium hypochlorite to remove calcium hydroxide and obturation was performed using cold lateral condensation of gutta-percha (Dentsply-Maillefer, Ballagius, Switzerland) and AH-26 sealer (Dentsply De Trey, Konstanz, Germany). Access cavity was sealed with the same temporary filling material and the patient was referred for final restoration (Figure 4). The patient was asymptomatic in the 18-month follow-up, and no radiolucency was seen in the radiograph (Figure 5).

**Discussion**

Prevalence of taurodontism has been reported to be 5.5% in the south of Iran with 67% of taurodonts being hypotaurodont, 31% mesotaurodont, and 2% hypertaurodonts. Females had higher prevalence of taurodontism than men and mandibular second molar was the most affected tooth. Clinically, a taurodont cannot be differentiated from a normal tooth because its body and roots lie below the alveolar margin. The radiographic feature of taurodontism is extension of
the pulp chamber into the elongated body of the tooth, shortened roots and root canals, and location of furcation near the root apices. According to the mentioned classification, present case can be classified as hypertaurodont with four short root canals. As for difficulty of finding and preparing the canals of this tooth, the use of magnification was crucial. Taurodontism complicates the endodontic procedure due to an abnormal root canal system that may disturb the location of the root orifices, thereby increasing the difficulty of instrumentation and obturation. The complexity of root canal system in taurodants makes sufficient instrumentation nearly impossible; therefore, sodium hypochlorite can improve root canal cleaning because of its ability to dissolve the remaining pulp tissues.

**Conclusion**

Proper clinical and radiographic examination is a key factor for successful endodontic treatment. Endodontic treatment of taurodants is often challenging and needs more time than usual treatment. Careful evaluation for detecting additional canals is crucial due to potential of an abnormal root canal system.

**References**