

**Manoj Sharma, MBBS, MCHES, Ph.D.**  
**Professor, Behavioral & Environmental Health**  
**School of Public Health**  
**Jackson State University**  
**Jackson, MS 39213**  
[manoj.sharma@jsums.edu](mailto:manoj.sharma@jsums.edu) (E-mail)

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## **EDUCATION:**

- **Doctor of Philosophy (Preventive Medicine/Public Health)**, School of Public Health, College of Medicine (now College of Public Health), *The Ohio State University*, OH. 1997. (CEPH accredited doctoral degree in public health).
- **Master of Science (Community Health)**, *Minnesota State University*, Mankato, MN. 1994.
- **Postgraduate Certificate in Health & Family Welfare Management**, *National Institute of Health & Family Welfare (NIHFW)*, New Delhi, India. 1992. (1<sup>st</sup> rank and gold medal).
- **Postgraduate Diploma in Training & Development**, *Indian Society for Training & Development (ISTD)*, New Delhi, India. 1991. (1<sup>st</sup> rank and gold medal).
- **Bachelor of Medicine & Bachelor of Surgery**, *University of Delhi*, Delhi, India. 1987. (Similar to Doctor of Medicine -- M.D. -- degree offered in the US Medical Schools -- Eligible for United States Medical Graduate Licensure & Registration).

## **CERTIFICATIONS, LICENSURES, & REGISTRATIONS:**

- Licensed and registered to practice medicine and surgery anywhere in India, Registered with *Medical Council of India (MCI)*, New Delhi, India (1986 onward).
- Master Certified Health Education Specialist (MCHES), certified by *National Commission for Health Education Credentialing, Inc. (NCHEC)*, Whitehall, PA (1999-2011 CHES, April 2011 onward MCHES).
- Certified *Kundalini Yoga* Meditation Master, certified by *Universal Peace Foundation (UPF)*, Erode, India (1999 onward).
- Certified *Peer Reviewer* for online courses, *Quality Matters*, (2012-2014).
- Certified in online teaching, *Central Michigan University*, 2015.
- Certified in online teaching, *Jackson State University*, 2016.

## **FULL-TIME TEACHING EXPERIENCE AT EDUCATIONAL INSTITUTIONS:**

8/14- pres. **Tenured Professor**, Behavioral & Environmental Health, School of Public Health Initiative, **Jackson State University**, MS 39213.

Responsible for teaching graduate courses in CEPH accredited MPH and Dr.PH programs for Behavioral & Environmental Health track. Active participation in community, professional and university service. Current research interests include development & evaluation of behavioral theory-based health education and health promotion interventions, community-based participatory research, integrative and complementary systems of health, childhood obesity, and stress-coping.

Currently **teaching** from the following graduate courses:

PHS 500 Introduction to Public Health Disciplines  
PHS 519 Health Program & Evaluation  
PHS 531 Health Behavior, Promotion and Education  
PHS 532 Community and Patient Health Education  
PHS 535 Behavioral Change Program Strategies  
PHS 565 Health Care in Developing Countries  
PHBS 711 Advanced Theories & Scientific Principles for Health Promotion and Education  
PHBS 712 Behavioral & Psychosocial Epidemiology  
PHBS 715 Research Seminar in Health Promotion

Salient university-related committee and administrative work:

- School of Health Sciences Tenure & Promotion Committee, *Jackson State University*, 2014-15.
- School of Health Sciences Strategic Planning Committee, *Jackson State University*, 2014-15.
- Search Committee for Founding Dean, School of Public Health, *Jackson State University*, 2014-15.
- College Representative, Study Abroad Program, *Jackson State University*, 2014-15.
- Coach, Academy of University Scholars, *Jackson State University*, 2014-15; 16-17.
- Committee on Initiation of School of Public Health, *Jackson State University*, Summer 2015.
- School of Public Health Initiative Tenure & Promotion Committee, *Jackson State University*, 2015-16; 2016-17.
- Executive Assistant to the Dean, School of Public Health Initiative, *Jackson State University*, 2016 (short time). Position ceased with change of Dean. [Selected tasks completed: Participated in preparation of United Negro College Fund (UNCF) Career Pathways Grant; Drafted a doctoral program assessment survey; Prepared an internal grant on suicide prevention and awareness on depression to collect pilot data; Served on Editorial Board of University Journal, *The Researcher*]
- Chair, Search Committee, Faculty in Behavioral & Environmental Health, School of Public Health Initiative, Jackson State University, 2015-16.
- Chair, Search Committee, Chair of Behavioral & Environmental Health, School of Public Health Initiative, Jackson State University, 2015-16.
- Search Committee, Faculty in Health Care Administration, School of Public Health Initiative, Jackson State University, 2015-16.
- Curriculum Committee, School of Public Health, Jackson State University, 2015-17.
- Search Committee, Chief Science Officer, Jackson Heart Study, 2016.
- Chair, Doctoral Dissertation Committees, School of Public Health Initiative, Jackson State University, 2015 onward. [Graduated 3 students]
- Chair, Search Committee, Faculty in Behavioral & Environmental Health, School of Public Health Initiative, Jackson State University, 2016.
- Promotion & Tenure Committee, School of Public Health Initiative, Jackson State University, 2016-17.
- Chair, Search Committee, Faculty in Behavioral & Environmental Health, School of Public Health, Jackson State University, 2017.
- Member, Self-study for CEPH accreditation writing committee, School of Public Health, Jackson State University, Summer 2017.

9/08- 8/14 **Tenured Professor**, Health Promotion & Education (HPE), College of Education, Criminal Justice, & Human Services; Secondary Appointment, Department of Environmental Health, College of Medicine, **University of Cincinnati**, OH 45221-0068.

Responsible for teaching undergraduate (BS) and graduate courses (M.S., M.P.H., Ph.D.) in Health Promotion and Education. Actively participated in community, professional and university service. Research efforts included development & evaluation of behavioral theory-based health education and health promotion interventions, community-based participatory research, complementary and alternative systems of health, childhood obesity, and stress-coping.

Taught following undergraduate and graduate courses:

18-HPE-101	Introduction to Health Promotion
18-HPE-1003	Introduction to Global Health
18-HFL-2003	Issues in Global Sport (Online course)

18-HPE-2071	Applied Statistics in Human Services – I
18-HPE-2072	Applied Statistics in Human Services – II
18-HPE-335	Health Care Delivery
18-HPE- 4010	Epidemiology of Human Disease
18-HPE-548	Health and Human Behavior
18-HPE-551	Drugs and Society
18-HPE-6022	Environmental Health
18-HPE-601/6026	Stress Reduction
18-HPE-673	Workshop in Health Education
18-HPE-701/7011	Principles & Foundations of Health Promotion and Education
18-HPE-781/7040	Social & Behavioral Change in Public Health
18-HPE-788	Pre Research Seminar
18-HPE-880/9015	Reading and Analyzing Health Education Research
18-HPE-883/7013	Measurement & Evaluation in Health Education
18-HPE-9012	Philosophy & Ethics of Health Education
18-HPE-992/3/4	Advanced Doctoral Seminar

Salient university-related committee and administrative work included:

- University Committee on Human Relations, *University of Cincinnati*, 2011-14.
- University Faculty Panel on Assessment of Doctoral Programs, *University of Cincinnati*, 2011.
- University Committee on Library, *University of Cincinnati*, 2004-06, 2006-08, 2009-11.
- University Faculty Service Award Committee, *University of Cincinnati*, 2005-06.
- University Steering Committee on Integrated Core Learning (ICL), *University of Cincinnati*, 2005-06.
- University Subcommittee on Experiential Education of Integrated Core Learning (ICL) Unit of UC|21, *University of Cincinnati*, 2005-06.
- Department of Environmental Health, Faculty Search Committee *University of Cincinnati*, 2013-14
- College of Education, Criminal Justice, & Human Services, Graduate Education Council (GEC), *University of Cincinnati*, 2011.
- College of Education, Criminal Justice, & Human Services, Reappointment, Promotion and Tenure Committee, *University of Cincinnati*, 2008-09; 2009-10.
- College of Education, Criminal Justice, & Human Services, Research and Development Professional Practice Board, *University of Cincinnati*, 2006-08.
- College of Education, Criminal Justice, & Human Services, Hearing Committee, *University of Cincinnati*, 2005-06.
- College of Education, Criminal Justice, & Human Services Faculty Senate, *University of Cincinnati*, 2004-06.
- Faculty Search Committee, Health Promotion & Education Program, *University of Cincinnati*, 2006-07; 2007-08; 2008-09.
- Chair, Doctoral Dissertation and Masters Theses Committees, Health Promotion & Education Program, *University of Cincinnati*, 2004 onward. [Graduated 14 students]
- Master of Public Health Curriculum & Accreditation Committee, *University of Cincinnati*, 2007-08; 2008-09; 2009-10; 2010-11; 2011-12. (from inception to accreditation)
- Master of Public Health Evaluation Committee, *University of Cincinnati*, 2013-14.

9/04- 8/08. **Tenured Associate Professor**, Health Promotion & Education (HPE), College of Education, Criminal Justice, & Human Services, **University of Cincinnati**, OH 45221-0068.  
Responsibilities same as above.

8/01-8/04. **Tenured Associate Professor**, Community Health Education, School of Health, Physical Education, and Recreation (HPER), College of Education, **University of Nebraska at Omaha**, NE 68182-0216. Graduate Faculty Fellow of the University of Nebraska system (that included serving on doctoral dissertations) and courtesy appointments at The University of Nebraska Medical Center (UNMC) & University of Nebraska at Lincoln (UNL). Taught undergraduate and graduate courses including supervision of internships/service learning experiences, theses, dissertations, and academic advisement. Active participation in community, professional and university service. Member of the Graduate Program Committee (MS, MA, MPH).

Taught following undergraduate and graduate courses:

- Foundations of Health Education (HED 1500)
- Drug Awareness (HED 2070)
- Stress Management (HED 2850)
- Safety Education (HED 3310)
- Community Health (HED 4130/HED 8136)
- Prevention and Control of Diseases (HED 4040/HED 8046)
- Health Education: Planning and Organization (HED 4960)
- Special Topics in Health Education (HED 8080)
- Research Methods in HPER (HED 8030)
- Interventions in Health Education (HED 8270)
- Health Promotion Program Planning (HED 8400)
- Health Behavior (HED 8600)
- Instrumentation & Evaluation in Health Education (HED 8750)
- Health Aspects of Stress Management (HED 8850)

Salient university-related committee and administrative work included:

- University Committee on Library and Learning Resources, *UNOmaha*, 2001-2004.
- University Committee on Academic Fees, *UNOmaha*, 1998-2001.
- College of Education Academic Standards and Policy Committee, *UNOmaha*, 1997-2000; 2002-04.
- College of Education Content-Pedagogy Committee, *UNOmaha*, 2000-02.
- College of Education Technology Sub Committee, *UNOmaha*, 2000-01.
- Master of Public Health Graduate Program Committee, *UNOmaha* & UNMC, 2001-04. (from inception to accreditation)
- Master of Public Health Ethics Committee, *UNOmaha* & UNMC, 2001-03.
- Faculty co-sponsor, *Alpha Omega Chapter, Eta Sigma Gamma* -- Health Education Honorary, 1998-2004.
- Supervisor, Health Education Laboratory, School of Health, Physical Education, and Recreation (HPER), 1998-2004.
- Chair, Masters Theses, Health Education Program, 1997 onward [Graduated 6 students].
- School of Health, Physical Education, and Recreation (HPER), Graduate Program Committee (GPC), *UNOmaha*, 1998-2001.

8/97-7/01 **Assistant Professor**, Community Health Education, School of Health, Physical Education, and Recreation (HPER), College of Education, **University of Nebraska at Omaha**, NE 68182-0216.  
Responsibilities same as above.

## **PART-TIME TEACHING EXPERIENCE AT EDUCATIONAL INSTITUTIONS:**

- 11/13;5/15 **Visiting Faculty**, Department of Nutrition and Food Hygiene, School of Public Health and Management, **Chongqing Medical University**, China. Guest lectured undergraduate and graduate students on “Health Education & Health Promotion in the United States” & “Case Series of my Research Studies.” Met researchers and planned collaborative studies. Continuing future collaboration has been established.
- 9/00-1/12 **University Research Reviewer (Present) & Faculty Mentor (Past)**, Doctor of Philosophy Program in Health Services and Public Health, **Walden University**, Minneapolis, MN 55401.
- 12/14-pres. Evaluating doctoral dissertations (present). In the past mentored doctoral students in public health research, presented national colloquia and seminars in research methodology for doctoral students, and chaired and served on committees of doctoral dissertations. In the past taught online courses. Taught and developed the following online courses:
- Context of Health Care Delivery (HTLH 1005)
  - Introduction to Research Methods and Analysis (HLTH 2105)
  - Behavioral and Cultural Issues in Health Care (HLTH 2110)
  - Social, Behavioral, and Cultural Factors in Public Health (PUBH 6105/PUBH 6115/PUBH 8115)
  - Health Care Organization, Policy, and Administration (PUBH 6130)
  - Principles of Community Health (PUBH 6420/PUBH 8420)
  - Health Education and Community Advocacy (PUBH 6460/PUBH 8460)
  - Promoting Population Health (PUBH 8010)
  - Administration & Leadership of Public Health Programs (PUBH 8015)
  - Organizing Community Action for Health (PUBH 8200)
- 8/99-6/11 **Adjunct Graduate Faculty**, College of Extended Learning, **Central Michigan University**, Mount Pleasant, MI 48859. Taught one or two graduate weekend courses or independent studies a year from the following courses:
- Introduction to Health Service Organizations and Systems (HSC 507)
  - Health Services Administration (HSC 520)
  - Program Proposal & Development (HSC 538)
  - Health Planning (HSC 545)
  - Managed care: Origins, Organizations and Operations (HSC 581)
  - Health Service Organizations: Origins, Systems and Applications (HSC 607)
  - Community & Public Health (HSC 617)
  - Program Evaluation in Health Fields (HSC 700)
- 11/01-6/04. **Visiting Faculty**, Off-Campus Academic Programs, College of Applied Sciences and Arts, **Southern Illinois University at Carbondale**, Carbondale, IL 62901. Taught weekend independent studies from the following at Eglin AFB, FL:
- Introduction to Health Care Management Research (HCM 301)
  - Readings in Health Care Management (HCM 349)
  - Analysis of the Issues in the Health Care Industry (HCM 401)
  - Management Problems in the Health Care Industry (HCM 450)
  - Occupational Internship (HCM 422)

- 6/94-6/95 **Graduate Research & Teaching Associate**, Health Education Department, School of Health, Physical Education, & Recreation, **The Ohio State University**, Columbus, OH 43210.  
Responsible for teaching undergraduate health education courses (Health & Behavior, First Aid & CPR). Associated with research on health behavior theories, stress-coping, breast-feeding promotion, and evaluation of community-based health education programs.
- 9/92-6/94 **Graduate Research & Teaching Assistant**, Health Science Department, **Minnesota State University**, Mankato, MN 56002-8400.  
Responsible for teaching undergraduate health education course: "Healthy Living." Associated with team teaching classes in Patient Education, Health Counseling, Stress Management, and Health Administration. Associated with research on cholesterol reduction, stress-management, community-based health education programs, and rural health. Prepared research grants, obtained external funding, and published the results for studying the cholesterol reducing action of *Lactobacillus acidophilus* among hypercholesterolemics. Co-authored a book on stress management.
- 9/92-12/93 **Guest Lecturer**, Department of Health & Human Services Administration, **Saint Mary's College of Minnesota**, Rochester & Minneapolis, MN 55404.  
Responsible for "team-teaching" a graduate course in *Population Demographics* (HS 621) for three semesters to Master of Arts (Health & Human Services Administration) students.

**PUBLIC HEALTH EXPERIENCE AT NON-TEACHING INSTITUTIONS:**

- 07/16-pres **Board Member**, Community Advisory Board for Clinical and Population Health Research, **The University of Mississippi Medical Center**, Jackson, MS  
Serving on this Community Board to provide feedback, advice, and guidance regarding the ethical, legal, policy and social issues that may arise during research studies.
- 02/15-pres **Board Member**, Preventive Block Grant Advisory Board, **Mississippi Department of Health**, Jackson, MS  
Serving on this Community Board to provide guidance to the activities funded under the Preventive Block Grants in Mississippi.
- 05/05-pres. **Evaluator**, Research and Evaluation Enhancement Program (REEP), **The Ohio Commission for Minority Health**, Columbus, OH 43215-6108  
Served as a member of an *Evaluation Work Panel* to develop an evaluation model that is being used for cross-project evaluation of minority health initiatives in Ohio. Serving as member of the Evaluation Steering Committee and participating in studies/projects based on community-based participatory research model for evaluation of local offices of minority health (LOMHs), demonstration grants in diabetes prevention and infant mortality reduction.
- 08/15-pres. **Roster Candidate, Fulbright Specialist Program**, World Learning Fulbright Specialist Team, Washington, DC 20005.  
Selected after peer review for being placed on a Roster for matching with overseas requests for public health specialists. Five year term.

- 05/15-pres. **Learning Community Advisor/Instructor**, Daniel Hale Williams Scholars Program, **Jackson Heart Study Graduate Training and Education Center**, Jackson, MS 39213.  
Working with research scholars to provide training and guidance on manuscripts, conference presentations, research projects using Jackson Heart Study data and presenting on behavioral and psychosocial epidemiology.
- 06/02 - pres. **Peer Reviewer, Centers for Disease Control & Prevention (CDC)**, Atlanta, GA 30341-3724.  
Serving as a peer-reviewer and evaluator for grants and proposals submitted by *Prevention Research Centers* (PRC) and other RFPs for possible funding by Centers for Disease Control and Prevention (CDC).
- 10/98-9/15. **Consultant, Associazione Italiana Amici di Raoul Follereau (AIFO)**, Italy.  
Advisement on *Freirian praxis* and participatory methods for adoption by Community-based Rehabilitation (CBR) projects in developing countries; participatory evaluation of CBR projects; principal investigator for an inter-country study on CBR workers profiling. Conducted country evaluation of CBR in Vietnam in 1999 and country evaluation of CBR in Mongolia in 2000.
- 1/12-12/14. **Board Director**, Division Board for Certification of Health Education Specialists (DBCHEs), **National Commission for Health Education Credentialing (NCHEC)**, Whitehall, PA 18052-5642.  
Served on the certification board of this national credentialing agency for health educators. Responsibilities included reviewing and evaluating examination processes, developing and administering policies with regard to CHES and MCHES exams, assuring testing meets standards, writing items for CHES and MCHES exams, and advancing health education practice.
- 12/04-05/06 **Consultant**, Physical Activity & Nutrition Curriculum Committee, **Discover Health**, Cincinnati, OH 45209.  
Served as a consultant in development and pilot testing of a physical activity and nutrition curriculum for Kindergarten through 8<sup>th</sup> grades called "*Adventures in Movement*" being implemented in schools in and around Cincinnati.
- 10/99-6/04 **Consultant, Charles Drew Health Center, Inc.**, Omaha, NE 68111.  
Provided assistance with development of operational framework, process assessment, impact assessment, and social marketing for *Omaha Healthy Start* -- a project aimed at reducing infant mortality rates among minorities in Omaha and improving Maternal and Child Health services. Also provided assistance with strategic planning and evaluation of outreach efforts in smoking prevention and cessation to minority communities in Omaha particularly the Asian American community.
- 5/99-6/04 **Consultant, American Lung Association -- Nebraska**, Omaha, NE 68152.  
Co-authored & helped secure grants close to \$100,000 during the five years. Evaluated the *Omaha Asthma Alliance* coalition.
- 5/99-6/04 **Consultant, Nebraska Health and Human Services System (NHHSS)**, Lincoln, NE 68509.



Designed, provided, and evaluated training programs based on *Stages of Change* for physicians and volunteers for facilitating smoking cessation in Omaha. Edited the *Nebraska's Plan to Strengthen and Transform Public Health in our State* prepared under a grant from Robert Wood Johnson Foundation (RWJF). Co-authored a competitive grant to Centers for Disease Control and Prevention (CDC) for NHHSS. Also worked with Nebraska arthritis program and community-driven needs assessment on cancer prevention.

10/98-6/04 **Chair, Nutrition Advisory Board, American Cancer Society, Omaha, NE.**  
Committee work for nutrition advisory board of the organization in 1998-99; 1999-04 chair of this committee. Helped secure grants worth over \$50,000. Designed and conducted cancer-related needs assessments for minority groups.

01/02-03/03 **Evaluator, Project Frontier Youth Initiative, Ainsworth, NE 69210.**  
Conducted process evaluation of activities and summative evaluation of the Project *Frontier Youth Initiative (FYI)*. It was a nine-county-wide, prevention-based, consortium driven, school-nursing project based in Northern Nebraska aimed at conducting health check clinics in schools, setting up information systems, participating in risk behavior assessments, mental health check-ups, and professional development of school nurses. The project was funded federally by Health Resources and Services Administration Office of Rural Health Policy.

8/99-5/03. **Consultant, Indian Chicano Health Center, Omaha, NE 68107.**  
Helped write and secure grants close to \$50,000 during 1999-2000. Provided assistance in evaluation for a coalition on lead prevention in Omaha.

07/01-06/04 **Trainer, Human Resources, Metropolitan Community College, Omaha, NE 68103-0777**  
Conducted between four to six workshops a year on several aspects of stress management such as anger management, time management, communication and stress, anxiety reduction etc. for faculty and staff of Metropolitan Community College.

01/03-04/03 **Trainer, Human Resources, Pamida, Plattsmouth, NE 68048.**  
Conducted a series of workshops on different aspects of stress management including cognitive stress management, yoga for stress management, and healthy nutrition for stress management for employees of Pamida in Nebraska. Each workshop was attended by over 50 participants.

9/99-6/04. **Yoga Instructor, Lakeside Wellness Center (Alegent Health), Omaha, NE 68130.**  
Conducted weekly classes on *Kundalini Energy Yoga (KEY)*. During this five year period trained over 2,000 participants in the techniques of low-physical impact postures, breathing procedures, relaxation, and meditation.

11/00-9/02 **Director, International Health Council, American School Health Association, Kent, OH 44240.**  
Provided assistance with leadership in functioning of this council during a two-year elected term. Spearheaded a partnership with the Ministry of Health, United Arab Emirates (UAE) during the tenure. Other responsibilities included assistance with strategic planning regarding the activities of the council, implementing special projects, initiating and developing international collaborations, and submitting mid-year and annual reports.

- 6/95-8/97 **Health Promotion Supervisor**, Health Promotion Program, Assessment & Health Information Cluster, **The City of Columbus Health Department**, Columbus, OH 43210.  
Responsible for planning, developing, administering, and evaluating behavioral and socio-environmental health promotion interventions with focus on cardiovascular disease prevention in the city of Columbus (OH). Developed curricular modules and other educational materials for enhancing physical activity, prevention of smoking, augmenting healthy dietary behaviors, and developing stress-coping skills among school children based on *Social Cognitive Theory*. Developed incentive-based projects for physical activity promotion in high need neighborhoods within the city based on *Stages of Change Model*. Responsible for strategic planning for targeting interventions, coalition building, day-to-day administrative coordination, grant-writing and health education / dietetics staff supervision.
- 6/96-8/97 **Advisory Board Member**, Professional Advisory Board, **World Gym Fitness Centers**, Columbus, OH 43215.  
Provided consultation services for organizational development & strategic planning for interventions by this metropolitan health and fitness enhancement organization with six citywide centers.
- 5/88-8/92 **Program Officer**, Community Health Promotion, **Voluntary Health Association of India, New Delhi, India**.  
Coordinated health promotion interventions including training programs for functionaries of non-governmental organizations (NGOs) served by this apex international federation of over 3,000 NGOs throughout South Asia. Researched, developed, implemented, and evaluated health education programs using model of *Freirian praxis*. Developed health education materials, prepared grants, networked with professionals/organizations, and conducted departmental administration.
- 1/89-8/92 **Consultant**, Health & Medical Operations, **Deepalaya Plan Program** (Collaborative project of Foster Parents Plan International and Deepalaya Education Society), New Delhi, India.  
Designed, conducted, and evaluated health and family planning training programs for health workers, implemented health management information system for child survival in resettlement colonies of Delhi (a collaborative project with Johns Hopkins University), and provided medical support.
- 5/91-8/92 **Member, Expert Committee**, Technical Resource Development Consortium, India Population Project, **National Institute of Health & Family Welfare (NIHFW)**, New Delhi, India.  
Evaluated training manuals for traditional birth attendants, health workers, and family planning workers for Northern States of India.
- 8/91-8/92 **Member, Expert Committee**, Management Consortium, **National Institute of Health & Family Welfare (NIHFW)**, New Delhi, India.  
Evaluated grant proposals to international donors, and established health networks between premier health management training institutions in India.
- 4/87-3/88 **Resident**, Internal Medicine, **Safdarjang Hospital**, New Delhi, India.  
Responsible for in-patient and out-patient care in Departments of Internal Medicine & Emergency Care.

- 4/86-3/87 **Intern**, Departments of Medicine, Surgery, Obstetrics, Gynecology, Psychiatry, Orthopedics, Pediatrics, Ophthalmology, Otorhinolaryngology, Preventive and Social Medicine; **University College of Medical Sciences & associated Safdarjang Hospital**, New Delhi, India.  
Apprenticeship in different clinical specialties.
- 4/86-3/87 **Group Leader**, National Service Scheme, **University College of Medical Sciences**, University of Delhi, India.  
Organized several health education and family planning campaigns in urban slums and rural areas of India.

## PUBLICATIONS

### Citations as of July 1, 2017 per Google Scholar:

<https://scholar.google.com/citations?user=SMJSHZ8AAAAJ&hl=en>

Citation indices	All	Since 2012
Citations	3,519	2,649
h-index	27	25
i10-index	77	62

#### **A. Books**

1. **Sharma, M.** (2017). *Theoretical foundations of health education and health promotion*. (3<sup>rd</sup> ed.) Burlington, MA: Jones and Bartlett. [Sold over 10,000 copies] [1<sup>st</sup> edition: 2008; 2<sup>nd</sup> edition: 2012] ISBN# 978-1-2841-0494-3.
2. Romas, J. A., & **Sharma, M.** (2017). *Practical stress management. A comprehensive workbook*. (7<sup>th</sup> ed.). Cambridge, MA: Academic Press (Elsevier). [1<sup>st</sup> edition: 1995; 2<sup>nd</sup> edition: 2000; 3<sup>rd</sup> edition: 2004; 4<sup>th</sup> edition: 2007; 5<sup>th</sup> edition: 2010; 6<sup>th</sup> edition 2014; Sold over 25,000 copies] ISBN# 978-0128112953.
3. **Sharma, M.**, Branscum, P., & Atri, A. (2014). *Introduction to community and public health*. San Francisco: Jossey-Bass. [Sold around 1,000 copies] ISBN# 978-1-1184-1055-4.
4. **Sharma, M.**, & Petosa, R. L. (2014). *Measurement and evaluation for health educators*. Burlington, MA: Jones and Bartlett. [Sold over 1,500 copies] ISBN# 978- 1-4496-2820-8.
5. **Sharma, M.**, Atri, A., & Branscum, P. (2013). *Foundations of mental health promotion*. Burlington, MA: Jones and Bartlett. [Sold around 1,000 copies] ISBN# 978-0-7637-9341-8.
6. **Sharma, M.**, & Atri, A. (2010). *Essentials of international health*. Sudbury, MA: Jones and Bartlett. [Sold over 1,000 copies] ISBN# 978-0-7637-6529-3.
7. **Sharma, M.**, Egle, L., Gray, K., & Pharo, M. (1997). *Building healthy life-styles. Teacher's manual*. Columbus, OH: Columbus Health Department. [Now out of print]
8. **Sharma, M.**, & Singh, S. K. (1994). *Samudayik Chetna ke dwara swasthya jagrookta*. [Hindi]. New Delhi, India: Voluntary Health Association of India. [Now out of print].
9. **Sharma, M.**, & Singh, S. K. (1991). *Health promotion through community action*. New Delhi, India: Voluntary Health Association of India. [Now out of print].

## **B. Articles in peer-reviewed journals**

1. Bagherniya, M., **Sharma, M.**, Darani, F. M., Maracy, M. R., Safarian, M., Birgani, R. A., Bitarafan, V., & Keshavarz, S. A. (in press). School based nutrition education intervention using social cognitive theory for overweight and obese Iranian girl adolescents: A cluster randomized controlled trial. *International Quarterly of Community Health Education*.
2. Kim, R. W., Patterson, G., Nahar, V. K., & **Sharma, M.** (in press). Toward an evidence-based approach for stress management for veterinary students and professionals. *Journal of the American Veterinary Medical Association*.
3. Xu, X., Rao, Y., **Sharma, M.**, Abdullah, A. S., Guo, J. J., & Zhao, Y. (in press). Preventive behaviors in avoiding indoor second-hand smoke exposure among pregnant women in China. *Tobacco Control*. doi:10.1136/tobaccocontrol-2016-053047
4. Xu, X., Deng, S., **Sharma, M.**, & Zhao, Y. (in press). Smoking-related social cognitive theory constructs and academic performance in class among secondary school students. *Iranian Journal of Public Health*.
5. Nass, S., Danawi, H., Cain, L., & **Sharma, M.** (in press). Verification of neonatal tetanus surveillance systems in Katsina state, Nigeria. *Health Services Research & Managerial Epidemiology*.
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### **C. Post publication open, peer-reviewed journals**

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#### **D. Editorials**

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19. **Sharma, M.** & Branscum, P. (2010). Is Alcoholics Anonymous effective? [Editorial]. *Journal of Alcohol and Drug Education*, 54(3), 3-6.



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34. **Sharma, M.** (2006). Making effective alcohol education interventions for high schools. [Editorial]. *Journal of Alcohol and Drug Education*, 50 (2), 1-4.
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48. **Sharma, M.** (2000). The new guidelines from American Psychological Association. [Editorial]. *Journal of Alcohol and Drug Education*, 46 (1), 44-46.

### **E. Editor-edited articles**

1. **Sharma, M.** (2017, March). Stress management for international students. *Center for Faculty Excellence Newsletter*, 7 (6), 6.
2. **Sharma, M.** (2016, Fall). A new theory for initiating and sustaining yoga-related behavior change. *Integrative, Complementary and Traditional Health Practices (ICTHP) Section Newsletter of APHA*, Section 3 (i).
3. **Sharma, M.** (2016, Spring). An interview with an MCHES. *NCHEC News*, 27(2), 7. Available from [www.nchec.org/news](http://www.nchec.org/news)
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6. **Sharma, M.** (2013, Fall). Yoga and stress management *Alternative and Complementary Health Practices Section Newsletter of APHA*. [Retrieved from <http://action.apha.org/site/DocServer/EditedACHPFall2013.pdf?docID=6041> ]
7. **Sharma, M.** (2013, Spring). Use of yoga as a complementary therapy for cancer patients. *Alternative and Complementary Health Practices Section Newsletter of APHA*. [Retrieved from <http://action.apha.org/site/DocServer/EditedACHPSpring2013.pdf?docID=5321> ]
8. **Sharma, M.** (2013). Tips for managing anger within and dealing with an angry person. *GP Clinics*, 4(2), 37-40.
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#### **H. Published/Online, peer-reviewed abstracts**

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25. **Sharma, M.**, & Sharma, S. (2002, August). Process evaluation report of the health check-ups conducted by Project Frontier Youth Initiative at the beginning of the academic year 2002-2003. (Available from Educational Service Unit #17 P.O. Box 227, 207 N. Main, Ainsworth, NE 69210-0227.)
26. **Sharma, M.**, Stacy, R.D., Hunter, H., Cook, C., & Hill, J. (2002, June). *Being a father in north and north-east Omaha.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
27. **Sharma, M.**, & Stacy, R. D. (2002, May). A brief report of the process evaluation of Omaha Healthy Start's Educational Forum, "Adolescent Pregnancy: Teen Parents Speak." (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
28. **Sharma, M.**, & Stacy, R. D. (2002, April). *Report of the Process Evaluation of Omaha Healthy Start's Educational Forum, "Abstinence: Possible Solution to An Impossible Dilemma."* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
29. **Sharma, M.**, & Stacy, R. D. (2002, April). *A brief report of the process evaluation of Omaha Healthy Start's customer service training held in February and March 2002* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
30. **Sharma, M.**, & Stacy, R. D. (2002, February). *Report of the process evaluation of the Omaha Healthy Start's urban fathering workshop.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
31. Stacy, R. D. & **Sharma, M.**, (2002, January). *Summary of the results from focus group discussion on the topic of fathers in child rearing organized by Omaha Healthy Start.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
32. **Sharma, M.**, & Stacy, R. D. (2002, February). *Brief report of the process evaluation of the Omaha Healthy Start's educational forum, "Fatherhood in the Hood."* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
33. Stacy, R.D. & **Sharma, M.**, (2002, January). *Summary of the perceived needs of Omaha Healthy Start clients gathered through focus group discussions.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
34. **Sharma, M.** (2002, January). *A brief report of the process evaluation of health check-ups conducted by project Frontier Youth Initiative in 2001: Year-end summary.* (Available from Educational Service Unit #17 P.O. Box 227, 207 N. Main, Ainsworth, NE 69210-0227.)
35. **Sharma, M.**, & Stacy, R. D. (2001, November). *Brief report of the process evaluation of the educational program, Sudden Infant Death Syndrome (SIDS).* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
36. **Sharma, M.**, & Stacy, R. D. (2001, October). *Brief report of the process evaluation of the educational program, When Spider Webs Unite They Can Tie Up The Lion.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
37. Dierkhsing, J., **Sharma, M.**, & Stacy, R. D. (2001, May). *Listening to the community: reducing cancer incidence and mortality in the Metro Omaha Minority communities: Report of the survey.* Omaha, NE: American Cancer Society.
38. **Sharma, M.** (2000, June). *Community-based rehabilitation programme in Mongolia: A status analysis and implications for future planning.* Bologna, Italy: European Union & Associazione Italiana Amici di Raoul Follereau.
39. Lead Safe Omaha Coalition (2000, June). *Lead Safe Omaha Coalition: Strategic plan.* Omaha, NE: Indian Chicano Health Center.

40. **Sharma, M.** & Stacy, R. D. (1999, December). *Omaha Healthy Start: An operational framework*. (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
41. **Sharma, M.** (1999, August). *Community-based rehabilitation programme in North Central Vietnam: A participatory evaluation*. Bologna, Italy: European Union & Associazione Italiana Amici di Raoul Follereau (AIFO).
42. **Sharma, M.** & Stacy, R. D. (1999, August). *Omaha Asthma Alliance: Strategic plan*. Omaha, NE: American Lung Association of Nebraska.
43. Nebraska Community Health Partners Stakeholder Group and Nebraska Health and Human Services System (1999, November). *Nebraska's Plan to strengthen and transform public health in our state*. Lincoln, NE: Author.
44. Columbus Public Schools, Kent State University, Ohio Department of Education, Columbus Health Department (1997, July). *1995. Columbus Youth Risk Behavior Survey (YRBS). Selected findings*. Columbus, OH: Author.
45. Columbus Health Department and the Franklin County Board of Health. (1997). *City of Columbus & Franklin County 1995-96 Community Health Risk Assessment*. (ISBN #1-888492-52-X). Columbus, OH: Author.
46. Columbus Health Department (1996, September). *Community planning for policy and socio-environmental initiatives for promoting physical activity in Columbus & Franklin County*. Columbus, OH: Author.
47. Columbus Health Department (1996, July). *A case study of planning, implementation, and formative evaluation of supplementary health education component of "Building Healthy Life-styles" intervention for promotion of "Heart Health" among school children in Franklin County*. Columbus, OH: Author.
48. Columbus Health Department. (1996, June). *Environmental and policy approaches to physical activity promotion*. Columbus, OH: Author.
49. Tucker, G. A., & **Sharma, M.** (1996, May). *A concepts/issues study for out-of-school interventions to prevent tobacco use among adolescents*. Columbus Health Department, Columbus, OH.
50. Health Program Planning Committee. (1993). *Program implementation and resource guide: Stress management*. Mankato, MN: Office of Human Resources, Mankato State University.
51. Kannan, A. T., Prabhu, K. M., Indrayan, A., **Sharma, M.**, Budhiraja, R., & Chachra, S. (1992, Jan.). *A report on medico-anthropological analysis of educational materials against AIDS. Universities Talk AIDS (UTA) Program -- A Joint NSS-WHO Project, University College of Medical Sciences (UCMS)*.
52. **Sharma, M.** (1992). *Enhancing organizational effectiveness at Community and Primary Health Centers in District Rewari in Northern India*. New Delhi, India: National Institute of Health & Family Welfare (NIHFW).
53. **Sharma, M.** (1991). *Development and Evaluation of Training Programs at Naujhil Integrated Rural Health Project (NIRPHAD) in Northern India*. New Delhi, India: Indian Society for Training & Development (ISTD).
54. **Sharma, M.**, & Mahajan, V. (1987). *Identification of health problems in a resettlement colony in Delhi through a health camp*. Unpublished report of Shakurpur camp - NSS-DSSW Project, University College of Medical Sciences (UCMS).

## **K. Letters to the editor**

1. **Sharma, M.** & Nahar, V. K. (in press). New approach for promoting HPV vaccination in college men based on multi-theory model (MTM) of health behavior change. [Letter to the editor]. *Journal of Preventive Medicine and Hygiene*.

2. Martin, B., Nahar, V. K., Hutcheson, A. K., & Boyas, J. F., & **Sharma, M.** (2017). Increasing sun protection behaviors among Iranian farmers: A call for action. [Letter to the editor]. *Health Promotion Perspectives*, 7(1), 4-6.
3. Nahar, V. K., Hosain, A., **Sharma, M.**, Jacks, S. K., & Brodell, R. T. (2016). Need for primary prevention for skin cancers in Iran. [Letter to the editor]. *Journal of Research in Health Sciences*, 16(3), 170-171.
4. **Sharma, M.** (2003, March 31). A plea for support. [Letter to the editor]. *Omaha World Herald*, p. 6B.
5. **Sharma, M.** (2003, February 18). A dangerous situation. [Letter to the editor]. *Omaha World Herald*, p. 6B.
6. **Sharma, M.** (2002). Leadership more than just the individual. [Letter to the editor]. *The Nation's Health*, 32(4), 26.
7. Sargent, L, & **Sharma, M.** (2001, December 23). How obesity is caused? [Letter to the editor]. *Sunday World Herald*, p. 8B.
8. **Sharma, M.** (2001, December 1). India is more. [Letter to the editor]. *Omaha World Herald*, p. 8B.
9. **Sharma, M.** (1999, July). Self esteem: No cure all [Letter to the editor]. *Silicon India*, p. 6.
10. **Sharma, M.** (1998). Improving interventions that develop problem-solving skills for stress management among children [Letter to the editor]. *International Journal of Stress Management*, 5, 250-253.
11. **Sharma, M.** (1996, February 24). Diverse efforts needed to stop teen pregnancies [Letter to the editor]. *The Columbus Dispatch*, p. 9A
12. **Sharma, M.** (1996, January 17). Wars are manifestations of global inequalities [Letter to the editor]. *The Columbus Dispatch*, p. 10A.
13. **Sharma, M.** (1996, January 4). Industrialized nations play role in suffering [Letter to the editor]. *The Columbus Dispatch*, p. 8A.

## **LIST OF GRADUATE STUDENTS MENTORED AND THEIR ACCOMPLISHMENTS (IN PARENTHESES)**

### **A. Masters (M.S.) theses supervised**

- Jerry Wilson. (1998). *The influence of exercise self-efficacy and social support on exercise for air force personnel* at University of Nebraska at Omaha.  
[Work presented at the 127<sup>th</sup> APHA Annual Meeting in 1999 in co-authorship with Manoj Sharma]
- Robyn Sydzyik. (2000). *A brief intervention on environmental tobacco smoke and the attitudes and behaviors of childcare providers* at University of Nebraska at Omaha.
- Therese Sullivan. (2001). *Process and impact evaluation of a theory-based training program of lay health volunteers to facilitate smoking cessation among African Americans in a Midwest City* at University of Nebraska at Omaha.  
[Chair; Thesis competitively selected at the school level and nominated for *Elton S. Carter Award* at the University of Nebraska in 2001; Work presented at the 129<sup>th</sup> APHA Annual Meeting in 2001 in co-authorship with Manoj Sharma; Work published in 2002 in *Journal of Alcohol and Drug Education* in co-authorship with Manoj Sharma]
- David Dennison. (2001). *Internet use policies in the public schools of Nebraska: Implications for health education* at University of Nebraska at Omaha.

- [Work presented at the 130<sup>th</sup> APHA Annual Meeting in 2002 in co-authorship with Manoj Sharma; Work presented at 76<sup>th</sup> American School Health Association's Annual Meeting in 2002 in co-authorship with Manoj Sharma; Work published in 2002 in *International Electronic Journal of Health Education* in co-authorship with Manoj Sharma]
- Leslie Sargent. (2002). *The role of social support and self-efficacy in influencing moderate leisure time physical activity among African American women* at University of Nebraska at Omaha. [Chair; Thesis competitively selected at the school level and nominated for *Elton S. Carter Award* at the University of Nebraska in 2002; Work presented at the 130<sup>th</sup> APHA Annual Meeting in 2002 in co-authorship with Manoj Sharma; Work published in 2005 in *American Journal of Health Behavior* in co-authorship with Manoj Sharma]
  - Angela Drent. (2002). *A survey of the knowledge, attitudes, and use of unconventional therapies for health among older adults in a Midwestern city* at University of Nebraska at Omaha. [Chair; Thesis competitively selected at the school level and nominated for *Elton S. Carter Award* at the University of Nebraska in 2003; Work presented at the 130<sup>th</sup> APHA Annual Meeting in 2002 in co-authorship with Manoj Sharma; Work published in 2006 in co-authorship with Manoj Sharma in *Californian Journal of Health Promotion*]
  - Adrienne Harding. (2003). *A descriptive case study of the geographic distribution of graduates from the University of Maryland dental school in the context of access to care* at Walden University. [Chair]
  - Darcy Holmer. (2006). *Changes in weight-related norms and their contribution to America's weight problem* at Walden University.
  - Ashutosh Atri. (2007). *Predictors of mental health in Asian Indian international students: Implications for health education* at University of Cincinnati. [Chair; Awarded faculty mentoring grant of \$750 by the College of Education, Criminal Justice, and Humans Services at *University of Cincinnati* in 2006 & 2007; Work presented at the 134<sup>th</sup> APHA Annual Meeting in 2006 in co-authorship with Manoj Sharma; part of the work published in 2006 in co-authorship with Manoj Sharma in *Californian Journal of Health Promotion* and part of the work published in *International Quarterly of Community Health Education* in 2008; Awarded Graduate Student Award for Exemplary Scholarship in Social Sciences in 2007]
  - Barbara A. Johnson. (2007). *Participation in physical activity by children with disabilities* at Walden University.
  - Joyce Rice. (2007). *Consumer attitude versus knowledge regarding safe food handling practices* at Walden University.
  - Jennifer Dietz. (2008). *Do diabetes specialists increase diabetes knowledge and reduce diabetes complications in Type 2 diabetic patients?* at Walden University.
  - Amy Sorensen-Alawad. (2008). *Policy recommendations for healthcare reform in the United States: Advantages, disadvantages, and challenges to implementation* at Walden University.
  - Megan Canavera. (2008). *Development and pilot-testing a social cognitive theory-based intervention for children and their parents to prevent childhood obesity* at University of Cincinnati. [Chair; Funded by the American Dietetic Association (ADA) for a \$5,000 grant under the *Ann A. Hertzler Research Award* in March 2006; Work presented at the 134<sup>th</sup> APHA Annual Meeting in 2006 in co-authorship with Manoj Sharma; Work published in 2009 in *International Quarterly of Community Health Education* in co-authorship with Manoj Sharma]

- Diana McAlister. (2009). *Evaluation of the effectiveness of support services in the reduction of neonatal intensive care unit parental stress* at Walden University.
- Purvi Mehta. (2009). Social cognitive theory as a predictor of dietary behaviors and leisure time physical activity in middle aged Asian Indian women at University of Cincinnati.  
[Chair; Presented at American Public Health Association's 138<sup>th</sup> Annual Meeting in co-authorship with Manoj Sharma; Presented at 2<sup>nd</sup> International Congress on Abdominal Obesity held in Buenos Aires, Argentina in co-authorship with Manoj Sharma; Published in *International Quarterly of Community Health Education* in co-authorship with Manoj Sharma]
- Samrat Yeramani. (2010). *Predictors of alcohol use and binge drinking among Asian Indian students based on social cognitive theory* at University of Cincinnati.  
[Chair; Work presented at the 136<sup>th</sup> APHA Annual Meeting in 2008 in co-authorship with Manoj Sharma -- Awarded Best Poster award by Section on Alcohol, Tobacco and Other Drugs; Awarded Best of the Show poster in 2009 at University of Cincinnati; Published in *American Journal of Health Studies* in co-authorship with Manoj Sharma]
- Candice Jones. (2011). *Examining racial differences in knowledge and attitudes of diabetes management in newly diagnosed diabetes 2 patients* at University of Cincinnati.  
[Chair; Presented at American Public Health Association's 139<sup>th</sup> Annual Meeting in co-authorship with Manoj Sharma]
- Adam Knowlden (2011). *Theory of Planned Behavior based predictors of sleep intentions and behaviors in undergraduate college students at a Midwestern University* at University of Cincinnati.  
[Chair; Awarded faculty mentoring grant of \$1000 by the College of Education, Criminal Justice, and Humans Services at *University of Cincinnati* in 2010]
- Adrym Eastin (2014). *Using the social cognitive theory to predict initiation and duration of breastfeeding in African-American women* at University of Cincinnati. [Chair]

## **B. Master of Public Health (MPH) Capstones/Theses supervised**

- Anne Dolbier. (2004). *Smallpox preparedness for our public schools: An intervention plan* at University of Nebraska at Omaha and University of Nebraska Medical Center.
- Taj Haider (2011). *Using social cognitive theory to predict physical activity behavior among college students of South Asian descent at two large Midwestern Universities* at University of Cincinnati.  
[Chair; Won third prize in oral presentation at Ohio Public Health Combined Conference; Work published in co-authorship with Manoj Sharma in *Journal of Community Medicine and Health Education*]

## **C. Doctoral (Ph.D. & Dr. PH) dissertations supervised**

- Margaret Kaiser. (2002). *Transition to motherhood in adolescence: The development of the adolescent prenatal questionnaire* at University of Nebraska Medical Center.  
[Work presented at the 130<sup>th</sup> APHA Annual Meeting in 2002 in co-authorship with Manoj Sharma; Work later published by the student on her own]
- Carol Hinman. (2002). *An exploration of interventions with traumatized children* at Walden University.

- Andre Elliott. (2003). *The influence of conative and related factors on the academic performance of students at two foreign-based US Department of Education activity schools* at Walden University.
- Harold Mayer. (2003). *The acute psycho-biological effects of intermittent versus continuous aerobic exercise and the influence of lactate on attitudes toward physical exertion in sedentary adults* at Walden University.  
[Work presented at 51<sup>st</sup> Annual meeting of American College of Sports Medicine in 2004 in co-authorship with Manoj Sharma]
- Carlos Rueda. (2003). *Parental alienation syndrome: An inter-rater reliability study* at Walden University.  
[Work published by the student on his own]
- Cordelia Okoye. (2004). *Using Theory of Reasoned Action to influence student nurse's intended care behavior with HIV/AIDS patients* at Walden University.
- Lazarous Mbulo. (2005). *Alcohol use and alcohol-sexual expectations as risk factors for HIV/AIDS among young people in Zambia* at University of Nebraska at Lincoln.  
[Work published by the student on his own]
- Benjamin H. Taylor. (2005). *Utilization of mid-level providers in overcrowded emergency departments* at Walden University.  
[Work published by the student on his own]
- Matthew Uzukwu. (2005). *Factors influencing the spread of HIV/AIDS from high risk sexual behavior within three economic status/income level groups in Oweri, Nigeria* at Walden University.  
[Work published by the student on his own]
- Mary L Bonnette. (2006). *Auriculotherapy in the treatment of nicotine addiction* at Walden University.
- Christina Blanchard-Horan. (2006). *Malaria treatment-seeking behavior in Kisiizi, Uganda: A comparative study of health micro insurance among Engozi groups* at Walden University.  
[Funding obtained by the student from National Institutes of Health, Minorities in International Training, Grant 5737TW000123-04]
- Sriya Krishnamoorthy. (2006). *Exploring differences in breast cancer prognostic factors between Caucasian and African-American women in the United States* at Walden University.
- Cortelius Wright. (2007). *The relationship between the behaviors and lifestyles of single mothers and their risk of being hypertensive* at Walden University.
- Patricia Talbert. (2007). *Effects of fear and fatalism: Psychosocial barriers that influence African American middle class women from seeking breast cancer preventive screening* at Walden University.
- Monica Dara Reed. (2007) *Current trends in urban youth violence perceptions: An observation of Philadelphia at-risk communities, a mixed methodology inquiry* at Walden University.
- Jay T Sutcliffe. (2008). *The association between sleep duration and timing and high sensitivity C-reactive protein levels in an adult population* at Walden University.

- Kanzoni N. Asabigi. (2008). *Employment as a correlate of sustained recovery among drug abusers who complete treatment programs* at Walden University.
- Reigh M. Simuzoshya. (2009). *Determinants of condom use among college freshmen within the health belief model framework* at Walden University.
- Frazier Benjamin Beatty. (2009). *African American mothers' perceptions regarding weight and body image: The impact on children* at Walden University.
- Jennifer Brooke Devlin. (2009). *The effective components of a non-structured group behavior-change program as it relates to physical activity, nutrition and weight loss* at Walden University.
- Allscaeioun Duereaanae Britt. (2009). *The effect of an innovative immunization schedule on immunization coverage rates among Oklahoma vaccine for children provider* at Walden University.
- Julia Spencer. (2009). *Distracted driving in the District of Columbia: Effects of age, gender, vehicle, and residence* at Walden University.
- Amar Kanekar. (2009). *Testing the efficacy of a brief social cognitive theory based safer sex intervention among African American college students* at University of Cincinnati.  
[Chair; Work presented at the 137<sup>th</sup> APHA Annual Meeting in 2009 in co-authorship with Manoj Sharma; Published in *American Journal of Health Studies* in co-authorship with Manoj Sharma; Assistant Professor, University of Arkansas at Little Rock]
- Melinda Ickes. (2010). *Predictors of behaviors related to obesity using the theory of planned behavior in middle school students* at University of Cincinnati.  
[Chair; Work presented at the 137<sup>th</sup> APHA Annual Meeting in 2009 in co-authorship with Manoj Sharma; Published in *Infant, Child, & Adolescent Nutrition* in co-authorship with Manoj Sharma; Assistant Professor, University of Kentucky]
- Milton Morris. (2010). *Pediatrician perceptions and prescription of environmental and social interventions to combat childhood lead* at Walden University.
- Edith Claros. (2010). *The relationship between emotional intelligence and abuse of alcohol, marijuana, and tobacco among college students* at Walden University.  
[Chair; Assistant Dean for the School of Nursing & Associate Professor of Nursing, Massachusetts College of Pharmacy and Health Sciences; Work published in *Journal of Alcohol and Drug Education* in co-authorship with Manoj Sharma]
- Verna La Fleur. (2010). *Acculturation, social support, and self-esteem as predictors of mental health among foreign students: A study of Nigerian nursing students* at Walden University.  
[Chair; Faculty Nursing, Bowie State University]
- Cheryl Holloway. (2010). *Attitudes and behaviors towards early breast cancer detection among African American women in a faith-based community* at Walden University.
- Kafilat Jimba. (2010). *Racial/ethnic differences in susceptibility and intention to smoke on smoking behavior among adolescents* at Walden University.
- DeLisa Crosby. (2010). *The effects of culturally sensitive HIV education on behaviors among African American women in South Eastern North Carolina* at Walden University.
- Jennifer Shambrook. (2010). *Health behavior, occupational stress, and stress resiliency in research administrators working in the academic environment* at Walden University.

- [Chair; Associate Chair for Research Administration, Co-director, Public Psychiatry Division, Department of Psychiatry and Behavioral Sciences, Medical University of South Carolina]
- Shelby Bohl. (2010). *All-terrain vehicle related injuries and hospitalization: An examination of the influence of age and substance abuse* at Walden University.  
[Chair; Published in co-authorship with Manoj Sharma in *The Open Epidemiology Journal*; Faculty, American Public University]
  - Annette A. Bailey. (2011). *Traumatic stress, social supports, cognitive appraisal and resiliency among Black women experiencing gun violent loss* at Walden University.  
[Chair; Assistant Professor, School of Nursing, Ryerson University]
  - Gbadebo Ogundiran Ogungbade. (2011). *Educational opportunity, governmental social assistance, and employment as predictors of HIV risk-taking behaviors among Sub-Saharan African immigrants in Houston, Texas during 2007-2008* at Walden University.
  - Paul Branscum. (2011). *Designing and evaluating an after school social cognitive theory based comic book intervention for the prevention of childhood obesity among elementary aged school children* at University of Cincinnati.  
[Chair; Awarded faculty mentoring grant of \$1000 by the College of Education, Criminal Justice, and Human Services at *University of Cincinnati* in 2009, 2010, & 2011; Awarded Graduate Student Award for Exemplary Scholarship in Social Sciences in 2010; Assistant Professor, Department of Health and Exercise Science, *University of Oklahoma*]
  - Adebowale Awosika-Olumo. (2011). *Enhancing traditional surveillance methods to assess the co-morbidities and complications of hepatitis C infection in a large urban city in the United States* at Walden University.
  - Matthew Asare (2011). *Using the health belief model and acculturation to predict safer sexual behavior and sexual communication among African immigrants in the state of Ohio* at University of Cincinnati.  
[Chair; Awarded faculty mentoring grant for \$1,000 by College of Education, Criminal Justice, and Human Services at *University of Cincinnati* in 2011; Assistant Professor, *Northern Kentucky University*]
  - Chinwe Ndubisi. (2011). *The effects of hardiness and attitude on hypertension treatment adherence among Nigerian health care workers in United States* at Walden University.  
[Chair]
  - Sherrye Fowler. (2011). *The loneliness sexual risk model: Measuring the impact of loneliness on sexual risk behaviors among African American women* at Walden University.  
[Chair]
  - Mitzi Mitchell. (2011). *Decisional control, psychosocial well-being, physical functioning, anxiety, and depression post-move in relocation among older adults* at Walden University.  
[Chair; Assistant Professor, Gerontology, York University]
  - Deborah McNinch. (2011). *Patients' perspectives on discussing complementary and alternative medicine therapies with conventional doctors* at Walden University.
  - Purvi Mehta. (2012). *Designing and evaluating a health belief model based intervention to increase intent of HPV vaccination among college men: Use of qualitative and quantitative methodologies* at University of Cincinnati



[Chair; Awarded \$68,000 grant from *Merck Pharmaceuticals*, Work published in *International Quarterly of Community Health Education*]

- Adam Knowlden (2013). *Feasibility and efficacy of the Enabling Mothers to Prevent Pediatric Obesity Through Web-Based Education and Reciprocal Determinism (EMPOWER) randomized control trial* at University of Cincinnati.  
[Chair; Awarded Graduate Student Award for Exemplary Scholarship in Social Sciences in 2012; Awarded faculty mentoring grant of \$1000 by the College of Education, Criminal Justice, and Humans Services at *University of Cincinnati* in 2012; Awarded SOPHE scholarship in 2012; Awarded research fellowship by Graduate School; 2012-13; Work published in several journals including *Health Education & Behavior*; Assistant Professor, University of Alabama]
- Gabrielle Cooper (2016). *Using social cognitive theory to predict preventive health care screenings among diabetics* at Jackson State University.  
[Chair]
- Britney Green (2016). *Using social cognitive theory to predict medication for depression compliance behavior in patients with depression* at Jackson State University.  
[Chair]
- Brieah Hudson (2016). *Using theory of planned behavior to predict initiation and duration of breast-feeding in WIC mothers* at Jackson State University.  
[Co-Chair]
- Zeldra Vawters (2016). *Examining the relationship between religious coping and health behaviors in Alzheimer's disease caregivers* at Jackson State University.
- ThiaWalker (In progress). *School climate and environmental predictors of tobacco, alcohol and marijuana use in middle school students of Mississippi* at Jackson State University.  
[Chair]
- Ledetra Bridges (In progress). *Using PRECEDE-PROCEED model to design and evaluate a suicide prevention and depression awareness intervention among African American college students: A pilot study* at Jackson State University.  
[Chair]

#### **D. Post-Doctoral Fellows supervised**

- Zhao Yong (2012-2013). Obesity-related research in China  
[Associate Professor, Department of Nutrition and Food Hygiene, School of Public Health and Management, Chongqing Medical University, China; Awarded International Union of Nutritional Sciences/ Nevin Scrimshaw International Nutrition Foundation (IUNS/INF) Fellowship to attend the International Congress of Nutrition in Granada, Spain; published several articles]

#### **EDITOR & REVIEWER RELATED WORK**

- Editor, *Journal of Alcohol and Drug Education*, American Alcohol and Drug Education Foundation, Lansing, MI – a peer-reviewed journal that serves as a forum for various educational philosophies and differing points of view in regard to alcohol and drugs. The journal is published three times a year. (1998-2000: Co-editor, 2000 onward: Editor).
- Board of Associate Editors, *Health Behavior and Policy Review* -- a peer-reviewed online scholarly journal in Health Sciences (2013 onward).
- Editorial Board, *Disability, CBR and Inclusive Development* – an open access, peer-reviewed online journal that was previously known as *Asia Pacific Disability*

- Rehabilitation Journal* published in India (2011 onward).
- Editorial Board, ***International Scholarly Research Notices*** (previously ***ISRN Rehabilitation***) – an open access, peer reviewed, online Journal of Hindawi Publishing Corporation published in United States (2011 onward).
  - Editorial Board, ***GP Clinics*** – a continuing medical education journal published in India (2012 onward).
  - Editorial Board, ***Social Behavior Research & Health (SBRH)*** -- a semi-annual, peer-reviewed, and open access journal published by Social Determinants of Health Research Center, Iran (2017 onward).
  - Editorial Board, ***International Journal of Psychology & Psychoanalysis*** – <http://clinmedlibrary.com/International-Journal-of-Psychology-and-Psychoanalysis.php> -- An international peer reviewed journal published in US (2015 onward)
  - Advisory Board, **WebmedCentral** – a global post publication peer review portal for biomedical scientists (2011 onward).
  - Editorial Board, ***Environmental Disease*** by Medknow Publications and Media Pvt. Ltd., part of Wolters Kluwer Health (an Open Access Publishing journal) committed to publishing high-quality research in environmental medicine and public health, especially the diseases caused by modern lifestyle and/or environmental problems (2017 onward).
  - Editorial Board, ***American Journal of Health Behavior*** – a peer-reviewed journal on health education and health promotion related articles published in the United States (2001 onward reviewer; 2011-2017 Board).
  - Editorial Associate, ***The Health Educator***, Official peer-reviewed Journal of *Eta Sigma Gamma* (2002-2008).
  - Scientific Reviewer for ***International Electronic Journal of Health Education*** – a peer-reviewed journal on health education and health promotion related articles published in the United States (1997-2010).
  - Scientific Reviewer for ***Journal of Cardiopulmonary Rehabilitation*** – a peer-reviewed journal on cardiovascular health and rehabilitation articles published in the United States (2002-2010).
  - Scientific Reviewer for ***Disability and Rehabilitation*** – an international multidisciplinary peer-reviewed journal on disability and rehabilitation issues published in the United Kingdom (2002 -2009).
  - Scientific Reviewer for ***International Journal of Sports Medicine*** – an international peer-reviewed journal on physical activity, exercise, and sports issues published in Europe (2004-2008).
  - Scientific Reviewer for ***Social Science and Medicine*** -- an international and interdisciplinary peer-reviewed journal for social scientists, health practitioners and policy makers (2004-2005).
  - Scientific Reviewer for ***Obesity Reviews*** -- an international and interdisciplinary peer-reviewed journal in the area of obesity research (2005 onward).
  - Scientific Reviewer for ***Journal of School Health*** -- official peer-reviewed journal of American School Health Association that publishes material related to health promotion in school settings (2006 onward).
  - Scientific Reviewer for ***Complimentary Therapies in Medicine*** -- an international, peer-reviewed journal for healthcare practitioners, social scientists, CAM researchers, & healthcare managers. (2006-2008).
  - Scientific Reviewer for ***Health Care for Women International*** -- an international and interdisciplinary peer-reviewed journal in the area of women's health (2005 onward).
  - Scientific Reviewer for ***Progress in Community Health Partnerships: Research Education and Action*** – a multidisciplinary peer-reviewed journal that disseminates

- research of community-based partnerships (2006 -2008).
- Scientific Reviewer for *European Journal of Clinical Nutrition* – an international peer-reviewed journal in nutrition and education (2006 -2008).
  - Scientific Reviewer for *International Journal of Obesity* – an international peer-reviewed journal in obesity research (2006-2008).
  - Scientific Reviewer for *Agriculture and Human Values* – a quarterly peer-reviewed journal of recent research and scholarship on food and agriculture topics, Official journal of Agriculture, Food, and Human Values Society (2006 -2008).
  - Scientific Reviewer for *AIDS Care* – a monthly peer-reviewed journal that published articles on psychological and socio-medical aspects of HIV/AIDS (2011 onward).
  - Scientific Reviewer for *Acta Didactica Napocensia* – an international peer-reviewed journal in education published in Romania (2009-2016).
  - Editor, *Nebraska's Plan to Strengthen and Transform Public Health in Our State*, Nebraska Health and Human Services -- project funded by a Robert Wood Johnson Foundation grant, 1999.
  - Editorial Board, *Perspectives in Aging* -- College level reader published by Coursewise Publishers, WI, 1999.
  - Editorial Board, *Perspectives in Stress Management* -- College level reader published by Coursewise Publishers, WI, 1999.
  - Editor, *Health Wave*, (ISSN 1088-3436), Columbus Health Department, Columbus, OH -- Quarterly newsletter for school children based on Social Cognitive Theory to facilitate their interaction with parents and help maintain healthy behaviors. (1996-97).
  - Editor, *Fellow Traveller*, VHAI, New Delhi -- Bimonthly newsletter for development workers on Health & Development issues. (1988-92).
  - Member, Editorial team, *Chandan*, VHAI, New Delhi -- Bimonthly, bilingual wall-magazine for school children on health & hygiene. (1990-92).
  - Member, Editorial team, *Hamari Chithi Aap Ke Naam*, VHAI, New Delhi -- Bimonthly, hexa-lingual newsletter for village health workers translated in six Indian languages. (1988-92).
  - Editor, *Anti-Drug News*, Parents Resources Institute of Drug Education in India (PRIDE - India), New Delhi -- Bimonthly community newsletter. (1988).
  - Editor, *Swasthya Sandesh*, UCMS, New Delhi -- Bimonthly bilingual newsletter about health for college students. (1985-87).

### **PRESENTATIONS [In addition to 169 published abstracts earlier +124=293]**

1. **Sharma, M.** (2017, August). Fourth generation precision interventions in health promotion based on multi-theory model (MTM) of health behavior change. *Presentation at 3rd International Congress on Health Education & Promotion, Isfahan, Iran.*
2. Stephens, P. M., Kim, R. K., Patel, F. C., Patterson, G., Nahar, V. K., & **Sharma, M.** (2017, November). Testing multi-theory Model (MTM) in predicting initiation and sustenance of physical activity behavior among medical students. *Presented at Medical Fitness Association Annual Meeting, Orlando, FL.*
3. Nahar, V. K., **Sharma, M.**, Jacks, S. K., Brodell, R. T., Atfi, A., Duhé, R. J., Ford, M. A., & Aloia, C. R. (2016). Skin cancer risk and preventative behaviors among attendees of a free skin cancer screening. *Presented at the Sixth International Conference on Health, Wellness and Society.*
4. Nahar, V. K., **Sharma, M.**, Jacks, S. K., Brodell, R. T., Catalano H. P., Grigsby T. B., Ford, M. A. & Bass, M. A. (2016). Tanning bed use among collegiate athletes in the

- Southern United States. *Presented at the Sixth International Conference on Health, Wellness and Society.*
5. Bass, M. A., Nahar, V. K., Ford, M. A., **Sharma, M.**, & Shaikh, M. S. (2016) Assessing osteoporosis-related knowledge and perceptions in younger populations. *Presented at the Sixth International Conference on Health, Wellness and Society.*
  6. Hudson, B., **Sharma, M.**, & Shahbazi, M. (2016). Using the theory of planned behavior to predict initiation and duration of breastfeeding of WIC mothers in Mississippi. *Presented at the Sixth International Conference on Health, Wellness and Society.*
  7. Chima, C., **Sharma, M.** & Risica, P. (2016). Predicting weight management advice behavior using social cognitive theory among psychiatry professionals. *Presented at the Sixth International Conference on Health, Wellness and Society.*
  8. **Sharma, M.** (2016, September 22). Case series of research studies by a public health physician. Invited lecture presented at Lincoln Memorial University, Harrogate, TN.
  9. **Sharma, M.** (2016, September 22). Dine with a mind—Food as medicine. Invited lecture presented at Lincoln Memorial University, Harrogate, TN.
  10. **Sharma, M.** (2016, September 22). Kundalini Energy Yoga. Invited lecture presented at Lincoln Memorial University, Harrogate, TN.
  11. **Sharma, M.** (2016, September 23). Osteopathic Medicine, Ayurveda and Yoga: a cross cultural analysis (with autobiographical framework). Invited lecture presented at Lincoln Memorial University, Harrogate, TN.
  12. **Sharma, M.**, Miller, G., Brown, D., & Shahbazi, M. (2015). Using social cognitive theory as a predictor of smoking behavior in middle school students. *Presented at the Fifth International Conference on Health, Wellness and Society and the Health, Wellness and Society knowledge community, 5, Poster/Exhibit Session* in Spain.
  13. **Sharma, M.** (2015, July). Using a multi-theory model for physical activity behavior change. Paper presented at Walden University Research Symposium, 2016, National Harbor, MD.
  14. Bridges, L., **Sharma, M.**, Reese-Smith, J., Hayes, T., Cooper, G., Lingam, V., . . . Bennett, R. (2016, May 10). Using PRECEDE-PROCEED model to design and evaluate a suicide prevention and depression awareness intervention among African American college students. Poster session presented at the meeting of the 9th Annual MS School for Addiction Professionals, Hattiesburg, MS.
  15. Xu, X., Zhu, R., Xie, W., Xiong, W., Ran, M., Rao, Y., **Sharma, M.**, Shen, X., & Zhao, Y. (2016, June). Secondhand tobacco smoke exposure and smoking-related knowledge among urban community female non-smokers in Chongqing, China. Paper presented at World Heart Federation's World Congress of Cardiology & Cardiovascular Health 2016, Mexico City, Mexico.
  16. Xu, X., Zhu, R., Xie, W., Xiong, W., Ran, M., Rao, Y., **Sharma, M.**, Shen, X., & Zhao, Y. (2016, June). Attitudes toward secondhand smoke and related behaviors of exposure to secondhand smoke among urban community female non-smokers in Chongqing, China. Paper presented at World Heart Federation's World Congress of Cardiology & Cardiovascular Health 2016, Mexico City, Mexico.
  17. Xu, X., **Sharma, M.**, Liu, L., Liu, H., & Zhao, Y. (2016, June). Comparison of smoking attitudes between Han nationality secondary school students and Tujia nationality secondary school students. Paper presented at World Heart Federation's World Congress of Cardiology & Cardiovascular Health 2016, Mexico City, Mexico.
  18. Xu, X., Zhang, Y., Zhu, R., **Sharma, M.**, & Zhao, Y. (2016, June). Influence of Wechat (social media) on sleep quality among undergraduates in Chongqing, China. Paper presented at World Heart Federation's World Congress of Cardiology & Cardiovascular Health 2016, Mexico City, Mexico.

19. Xu, X., Chen, C., Liu, L., **Sharma, M.**, Li, Y., & Zhao, Y. (2016, June). Smoking-related attitudes, smoking motive, source of obtaining the first cigarette, smoking-behaviors and smoking among urban male secondary school students in Chongqing, China. Paper presented at World Heart Federation's World Congress of Cardiology & Cardiovascular Health 2016, Mexico City, Mexico.
20. Xu, X., Chen, C., **Sharma, M.**, Liu, H., & Zhao, Y. (2016, June). Influencing factors on smoking-related knowledge, sources of smoking-related knowledge among male urban secondary school students in Chongqing, China, Paper presented at World Heart Federation's World Congress of Cardiology & Cardiovascular Health 2016, Mexico City, Mexico.
21. Knowlden, A., & **Sharma, M.** (2016). Systematic analysis of dietary interventions to improve sleep quality. Paper presented at the 16th Annual American Academy of Health Behavior Meeting in Ponte Vedra Beach, Florida.
22. **Sharma, M.** (2015). Transitioning to faculty life at Jackson State University. Panel discussion presented at New Faculty Orientation at Jackson State University, Jackson, MS.
23. Zhu, Z. R., Xu, L.X., Bai, X. R., Xie, W., **Sharma, M.**, Zhao, Y. (2015). The impact of maternal cognition on screen time (ST) behaviors of preschool children in China. Paper presented at 12<sup>th</sup> Asian Congress of Nutrition, Yokohama, Japan. Program available at: [http://acn2015.org/pdf/program/ACN2015\\_program\\_all.pdf](http://acn2015.org/pdf/program/ACN2015_program_all.pdf)
24. Knowlden, A. P., & **Sharma, M.** (2015, March 18). Long-term evaluation of an online mother-centered intervention for prevention of childhood obesity. Paper presented at the 15th Annual American Academy of Health Behavior Meeting in San Antonio, Texas.
25. **Sharma, M.** (2014, October 23). Case series of research studies by an academician in health promotion . Invited key note speech for Visiting Scholars Seminar Series at University of Oklahoma, Norman, OK. Presentation available at: [https://mymedia.ou.edu/media/HES+Lecture+Series+2014+-+Dr.+Sharma/0\\_3is4oncf](https://mymedia.ou.edu/media/HES+Lecture+Series+2014+-+Dr.+Sharma/0_3is4oncf)
26. **Sharma, M.** (2014, October 24). Preparing for careers in health promotion. Invited presentation at University of Oklahoma, Norman, OK.
27. Bhochhibhoya, A., Branscum, P., & **Sharma, M.** (2014, May). An investigation of the associations between emotional intelligence, type D personality, and mental health. Oklahoma Public Health Association Conference. Oklahoma City, OK.
28. Knowlden, A. P., & **Sharma, M.** (2014). Efficacious Web-based curriculum for maternal increase of child fruit and vegetable consumption. Paper presented at Society for Public Health Education's (SOPHE) 65th Annual Meeting, Baltimore, MD.
29. Hu, P., Han, L., Zeng, H., Zhang, Y., **Sharma, M.**, Zhao, Y. (2013). Evaluation of the cognitive and behavioral effects of a peer education model-based intervention to sun safe in children. Paper presented at 45th APACPH (Asia Pacific Academic Consortium for Public Health) Conference, Wuhan, China.
30. Miller, G., & **Sharma, M.** (2013, October 24). Predicting tobacco use behaviors among middle school students. Paper presented at Health Educator's Institute organized by Ohio SOPHE.
31. Han, L., Xue, H., Tang, B., Yan, M., Kong, W., Gong, T., **Sharma, M.**, Zhao, Y. (2013, September 15). The influence of 2008 Sichuan earthquake to dietary psychological, dietary attitudes and dietary behavior of the adult women in different regions of China. Paper presented at IUNS 20th International Congress of Nutrition, Granada , Spain.
32. Peng, R., Xue, H., Qie, Y., Han, L., Xu, X., Zhang, Y., Zhang, Z., Xia, Y., Yang, T., Zhou, X., Xiong, Z., Zhang, Y., Liu, J., Li, J., Li, T., **Sharma, M.**, & Zhao, Y. (2013, September 15). Effect of maternal pre-pregnancy body mass index and gestational weight gain on newborn weight: a retrospective cohort investigation, Chongqing, West China. Paper presented at IUNS 20th International Congress of Nutrition, Granada , Spain.

33. Knowlden, A. P., *Sharma, M.*, Kanekar, A., & Atri, A. (2013, April). Modeling theoretical predictors of college student mental health. Paper presented at Society for Public Health Education's (SOPHE) 64th Annual Meeting, Orlando, FL.
34. Knowlden, A. P., & *Sharma, M.* (2012, October). Empirical testing of social cognitive theory in predicting the impact of mothers on determinants of pediatric obesity. Paper presented at the 63rd Society of Public Health Educators Annual Meeting, San Francisco, CA.
35. Knowlden, A. P. & *Sharma, M.* (2012, May). Measurement of social cognitive theory maternal-mediated predictors of childhood obesity. Paper presented at the 2012 Ohio Public Health Combined Conference, Columbus, OH.
36. Knowlden, A. P. & *Sharma, M.* (2012, May). Specification of two health belief models predicting the text messaging while driving behaviors of undergraduate college students. Paper presented at the 2012 Ohio Public Health Combined Conference, Columbus, OH.
37. Ickes, M. & *Sharma, M.* (2012, April). Impacting the obesity epidemic: Lessons learned from physical activity interventions among Hispanic adults. Paper presented at 2012 Mid Year Meeting of the Society for Public Health Education (SOPHE) in Nashville, TN.
38. Mehta, P., *Sharma, M.*, & Lee, R. (2012, March). Designing and evaluating a health belief model based intervention to increase intent of HPV vaccination among college men: Use of qualitative and quantitative methodologies. Paper presented at American Academy of Health Behavior Annual Meeting, Austin, TX.
39. Knowlden, A. P. & *Sharma, M.* (2012, March 31). Social cognitive theory structural equation model predicting maternal-mediated behavioral determinants of pediatric obesity. Paper presented at the Tri-State Spring Research Conference, Louisville, OH.
40. Dai, C. & *Sharma, M.* (2012, March 31). Childhood obesity in Taiwan: Predicting childhood obesity prevention behaviors using Social Cognitive Theory. Paper presented at the Tri-State Spring Research Conference, Louisville, OH.
41. Branscum, P., *Sharma, M.*, Wang, L., Wilson, B., & Guyler, L. (2012, March). Evaluating an after-school comic book childhood obesity prevention intervention. Paper for presentation at 2012 National Convention of the Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) in Boston, MA. [Paper accepted but conference cancelled due to power outage]
42. Branscum, P., *Sharma, M.*, Wang, L., Wilson, B., & Guyler, L. (2012, March). Process evaluation of the Comics for Health program. Paper for presentation at 2012 National Convention of the Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) in Boston, MA. [Paper accepted but conference cancelled due to power outage]
43. Branscum, P., & *Sharma, M.* (2011, October 28). Enhancing the effectiveness of mental health promotion programs aimed towards older adults. Paper presented at the 2011 Society for Public Health Education Annual Meeting, Arlington, VA.
44. Branscum, P., & *Sharma, M.* (2011, October 29). A systematic analysis of childhood obesity prevention interventions implemented during the after school period: Implications for future research and practice. Paper presented at the 2011 Society for Public Health Education Annual Meeting, Arlington, VA.
45. Asare, M., *Sharma, M.*, Bernard, A. L., & Rojas-Guyler, L. (October 28, 2011). Using the Health Belief Model and Acculturation to Predict Safer Sexual Behavior and Sexual Communication among African Immigrants in the State of Ohio. Paper presented at the 2011 Society for Public Health Education Annual Meeting, Arlington, VA.
46. Knowlden, A., *Sharma, M.* & Bernard, A. (2011, October 19). Operationalizing the Theory of Planned Behavior to predict the sleep intentions and behaviors of undergraduate college students attending a Midwestern University. Paper presented at the 2011 Health Educator's Institute, Mohican State Park, OH.

47. LaFleur, V., & **Sharma, M.** (2011, July 1). Predictors of mental health in foreign students. Paper presented at the 10<sup>th</sup> Annual 2011 Summer Institute on Evidence-based Practice, "Transforming Care: Friction, Heat, & Light," San Antonio, TX.
48. Knowlden, A., & **Sharma, M.** (2011, May 10). Operationalizing the Health Belief Model to predict college students' engagement in text messaging while operating a motor vehicle. Paper presented at the Public Health Combined Conference, Columbus, OH.
49. Knowlden, A., & **Sharma, M.** (2011, May 10). Evaluation of a Theory of Planned Behavior based intervention to improve sleep intentions and behaviors of undergraduate college students. Paper presented at the Public Health Combined Conference, Columbus, OH. (Paper won third prize in poster presentations).
50. Knowlden, A., **Sharma, M.**, & Bernard, A. (2011, May 10). Development of a Theory of Planned Behavior research model for predicting the sleep intentions and behaviors of undergraduate college students. Paper presented at the Public Health Combined Conference, Columbus, OH. (Paper won first prize in poster presentations).
51. Haider, T., **Sharma, M.** & Bernard, A. (2011, May 10). Using social cognitive theory to predict physical activity behavior among college students of South Asian descent at two large Midwestern universities. Paper presented at the Public Health Combined Conference, Columbus, OH. (Paper won third prize in oral presentations).
52. Knowlden, A., & **Sharma, M.** (2011, April 16). Applying the health belief model to predict college student's engagement of text messaging while operating a motor vehicle. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
53. Branscum, P. W., & **Sharma, M.** (2011, April 16). Designing and evaluating an after school social cognitive theory based comic book intervention for the prevention of childhood obesity among elementary aged school children. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
54. Mehta, P., & **Sharma, M.** (2011, April 16). Health belief model based predictors of HPV vaccine in college men. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
55. Asare, M., & **Sharma, M.** (2011, April 16). Using the health belief model and acculturation to predict safer sexual behavior and sexual communication among African immigrants in the state of Ohio. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
56. Vaitinadin, N. S., & **Sharma, M.** (2011, April 16). Using health belief model to predict common childhood obesity prevention behaviors in upper elementary school children. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
57. Ickes, M., & **Sharma, M.** (2011). Does behavioral intention predict modifiable behaviors related to adolescent obesity? Paper presented at 126<sup>th</sup> National Convention of AAHPERD, San Diego, CA.
58. Mehta, P., & **Sharma, M.** (2011). Predictors of HPV vaccine acceptability in college men. Paper presented at 2011 Annual Meeting of American Academy of Health Behavior, Hilton Head, South Carolina.
59. Kanekar, A., & **Sharma, M.** (2011). Process and impact evaluation of a brief intervention based on social cognitive theory to develop safer sex skills in African-American college students. Paper presented at 2011 Annual Meeting of American Academy of Health Behavior, Hilton Head, South Carolina.
60. Kanekar, A., & **Sharma, M.** (2011). Using social cognitive theory based constructs to predict safer sex behaviors among college students. Paper presented at 2011 Annual Meeting of American Academy of Health Behavior, Hilton Head, South Carolina.

61. Knowlden, A., & **Sharma, M.** (2011). Community-based mammography interventions targeting African American women. Paper presented at 2011 Annual Meeting of American Academy of Health Behavior, Hilton Head, South Carolina.
62. Knowlden, A., **Sharma, M.** & Bernard, A. (2010, October 14). Theory of planned behavior based predictors of sleep intentions and behaviors in undergraduate college students at a Midwestern University. Paper presented at Ohio SOPHE's 2010 Health Educator's Institute, Salt Fork State Park, OH.
63. Kanekar, A., & **Sharma, M.** (2010, November 5). Programs for safer sex behaviors among college students. Paper presented at 2010 SOPHE 61st Annual Meeting, Denver, CO.
64. Knowlden, A., **Sharma, M.** & Bernard, A. (2010, November 5). Theory of planned behavior based predictors of sleep intentions and behaviors in undergraduate college students at a Midwestern University. Paper presented at 2010 SOPHE 61st Annual Meeting, Denver, CO.
65. Asare, M., & **Sharma, M.** (2010, November 5). Using the theory of planned behavior to predict safer sexual behavior in Ghanaian immigrants in a large Midwestern city in the US. Paper presented at 2010 SOPHE 61st Annual Meeting, Denver, CO.
66. Branscum, P., Kaye, G., Succop, P., & **Sharma, M.** (2010, May 11). An evaluation of holiday weight gain among elementary-aged children. Paper presented at Ohio Public Health Association Combined Conference, Columbus, OH. (Paper won second prize in oral presentations).
67. Hoffman, A., Branscum, P., & **Sharma, M.** (2010, May 11). An impact and outcome evaluation of 'Health with Comics:' A social cognitive theory based nutrition education curriculum. Paper presented at Ohio Public Health Association Combined Conference, Columbus, OH. (Paper won second prize in poster presentations).
68. Knowlden, A., **Sharma, M.** & Cottrell, R. (2010, May 11). Theory of planned behavior based predictors of sleep intentions and behaviors in undergraduate college students at a Midwestern University. Paper presented at Ohio Public Health Association Combined Conference, Columbus, OH. (Paper won first prize in poster presentations).
69. Mehta, P., & **Sharma, M.** (2010, April 17). Designing and pilot testing a physical activity intervention to enhance self control and expectations in Asian Indian women. Paper presented at Tri-University Spring Research Conference at University of Kentucky, Lexington, KY.
70. Knowlden, A., **Sharma, M.** & Cottrell, R. (2010, April 17). Theory of planned behavior based predictors of sleep intentions and behaviors in undergraduate college students at a Midwestern University. Paper presented at Tri-University Spring Research Conference at University of Kentucky, Lexington, KY.
71. Branscum, P., & **Sharma, M.** (2010, April 17). A formative evaluation of the feasibility and acceptability of a health promoting comic book among elementary aged children. Paper presented at Tri-University Spring Research Conference at University of Kentucky, Lexington, KY.
72. Asare, M., & **Sharma, M.** (2010, April 17). Health belief model based focus group discussion among Ghanaian college students in a Midwestern city. Paper presented at Tri-University Spring Research Conference at University of Kentucky, Lexington, KY.
73. Mehta, P., & **Sharma, M.** (2010, April 6). Internet and cell phone based smoking cessation programs among adolescents. Paper presented at the International Conference on Engineering and Meta-Engineering (ICEME 2010), Orlando, FL.
74. Branscum, P., **Sharma, M.**, Kaye, G., & Succop, P. (2010). An evaluation of the validity and reliability of a food behavior checklist modified for children. Paper presented at 10<sup>th</sup> Annual Meeting of American Academy of Health Behavior, Clearwater Beach, FL.



75. Yeramaneni, S., & **Sharma, M.** (2010). Social cognitive theory based predictors of alcohol-use among college athletes. Paper presented at 2010 AAHE/AAHPERD Convention in Indianapolis, Indiana.
76. Yeramaneni, S., & **Sharma, M.** (2010). A web-based intervention for unsafe drinking among Asian Indian students. Paper presented at 2010 AAHE/AAHPERD Convention in Indianapolis, Indiana.
77. Kanekar, A., & **Sharma, M.** (2009). School based childhood obesity interventions: A meta-analytic review. Paper presented at 2009 SOPHE 60th Annual Meeting, Philadelphia, PA.
78. Kanekar, A., & **Sharma, M.** (2009). Predictors of safer sex among African-American college students- Use of Social Cognitive Theory. Paper presented at 2009 SOPHE 60th Annual Meeting, Philadelphia, PA.
79. Kanekar, A., & **Sharma, M.** (2009, April 4). Meta analysis of school-based childhood obesity interventions. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
80. Kanekar, A., & **Sharma, M.** (2009, April 4). Testing the efficacy of a brief social cognitive theory based safer sex intervention among African American college students. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
81. Kanekar, A., & **Sharma, M.** (2009, April 4). Using social cognitive theory to predict safer sex behaviors in African American college students. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
82. Yeramaneni, S., & **Sharma, M.** (2009, April 4). Social cognitive theory based predictors of alcohol use and binge drinking among college. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
83. Yeramaneni, S., & **Sharma, M.** (2009, April 4). A web-based intervention using social cognitive theory for unsafe drinking among Asian Indian international college students. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
84. Mehta, P., & **Sharma, M.** (2009, April 4). Social cognitive theory as a predictor of dietary behavior and leisure time physical activity. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
85. Branscum, P., & **Sharma, M.** (2009, April 4). Predictors of snack food consumption among children using social cognitive theory: Implications for health promoting interventions. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
86. Asare, M., & **Sharma, M.** (2009, April 4). Using Theory of Planned Behavior to predict safer sex behavior among Ghanaian immigrants in a Midwestern metropolitan area. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
87. Yung, B., Leahy, P., Fischer, R., Deason, L., Clasen, C., & **Sharma, M.** (2009, February 26). Collaboration of a statewide academic panel and a state office of minority health to improve evaluation. Paper presented at Third national leadership summit on eliminating racial and ethnic disparities in health, Washington, DC.
88. Kanekar, A., & **Sharma, M.** (2009). Social cognitive theory based predictors of safer sex among African-American college students. Paper presented at 2009 American Academy of Health Behavior Meeting, Hilton Head, SC.
89. Kanekar, A., & **Sharma, M.** (2009). Review of qualitative studies related to safer sex among college students and adolescents: Directions for research. Paper presented at 2009 American Academy of Health Behavior Meeting, Hilton Head, SC.

90. Kanekar, A., **Sharma, M.** & Atri, A. (2009). Building social support, hardiness and acculturation to enhance mental health among Asian Indian international students. Paper presented at 2009 American Academy of Health Behavior Meeting, Hilton Head, SC.
91. Ickes, M., & **Sharma, M.** (2008). Prediction of behaviors related to childhood obesity using theory of planned behavior. Paper presented at 2008 SOPHE 59<sup>th</sup> Annual Meeting, San Diego, CA.
92. Kanekar, A., & **Sharma, M.** (2008, June 22). Enhancing social support, hardiness and assimilation among Asian Indian International students at a large University. Paper presented at Engage. Challenge. Inspire 2008 mid year conference by American Association for Health Education, Cincinnati, OH.
93. Kanekar, A., & **Sharma, M.** (2008, June 22). Predictions of safer sex in African American college students: Use of Social Cognitive Theory. Paper presented at Engage. Challenge. Inspire 2008 mid year conference by American Association for Health Education, Cincinnati, OH.
94. Ickes, M., & **Sharma, M.** (2008, June 22). Prediction of nutrition and physical activity behaviors in eighth graders using Theory of Planned Behavior. Paper presented at Engage. Challenge. Inspire 2008 mid year conference by American Association for Health Education, Cincinnati, OH.
95. Veera, R. R. L., & **Sharma, M.** (2008, April 12). Physical activity levels among Asian Indian international students and social cognitive theory determinants. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
96. Kanekar, A., & **Sharma, M.** (2008, April 12). Testing the efficacy of social cognitive theory based intervention of safer sex among African American college students. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
97. Swisshelm, E. A., & **Sharma, M.** (2008, April 12). Predicting obesity prevention behaviors using social cognitive theory among overweight children in the clinical setting. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
98. Yeramaneni, S., & **Sharma, M.** (2008, April 12). Social cognitive theory based predictors of alcohol use among Asian Indian international students in Midwestern Universities. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
99. Atri, A., & **Sharma, M.** (2007, April 21). Designing and pilot testing an Internet based intervention to enhance the social support and acculturation of Asian Indian international students. Paper presented at Tri-University Spring Research Conference at University of Kentucky, Lexington, KY.
100. Kanekar, A., & **Sharma, M.** (2007, April 21). Social cognitive theory based predictors of safer sex for college students. Paper presented at Tri-University Spring Research Conference at University of Kentucky, Lexington, KY.
101. Atri, A., **Sharma, M.**, & Cottrell R. (2007, March 26). Asian Indian students in transition: Predictors of mental health. Paper presented at 2007 meeting of the American Academy of Health Behavior in Savannah, GA.
102. Atri, A., **Sharma, M.**, & Cottrell R. (2006, November). *Mental health predictors in international Asian Indian college students: Implications for health education*, Paper presented at the Annual Meeting of the Society for Public Health Education, Boston, MA.
103. Murnan, J., & **Sharma, M.** (2006, August 30). *Universal elementary school-based interventions to prevent childhood obesity*. Invited presentation at the National Center for Women and Children's Health, Chinese Center for Disease Control and Prevention, Beijing, China.

104. **Sharma, M.** (2006, April 21). *Culturally-relevant obesity prevention program for Asian Americans in Ohio*. Paper presented at the Research and Evaluation Enhancement Program (REEP)'s Ohio Health Disparities Research Forum, Columbus, OH.
105. Deason, L., Fischer, R., Leahy, P., Perkins, F., & **Sharma, M.** (2006, April 21). *Culturally competent evaluation*. Paper presented at the Research and Evaluation Enhancement Program (REEP)'s Ohio Health Disparities Research Forum, Columbus, OH.
106. Atri, A., **Sharma, M.**, & Cottrell, R. (2006, April 1). *Predictors of mental health of international Asian Indian students in two large Midwestern Universities*. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
107. **Sharma, M.** (2005, March). *Health promotion models in the United States*. Paper presented at University College of Medical Sciences, Delhi. India.
108. Mayer, H., Girdano, D. & **Sharma, M.** (2004, June). *Acute psycho-biological effects of continuous versus intermittent aerobic exercise in sedentary adults*. Paper presented at the 51<sup>st</sup> Annual Meeting of the American College of Sports Medicine at Indianapolis, IN.
109. **Sharma, M.** (2003, March 13). *Seven habits of highly effective online faculty learners*. Paper presented at the University of North Florida, Jacksonville, FL
110. **Sharma, M.** (2003, April 23). *Using Freire's model for impact evaluation of coalitions in health*. Paper presented at the University of Nebraska at Lincoln, Lincoln, NE.
111. **Sharma, M.** (2002, July 23). *Matching statistical methods to common research problems in health and human services*. Paper presented at Walden University, Bloomington, IN.
112. **Sharma, M.** (2002, July 23). *Developing and validating self-report instruments for needs assessment and program evaluation in health and human services*. Paper presented at Walden University, Bloomington, IN.
113. **Sharma, M.** (2002, July 26). *Using Freire's model for impact evaluation of coalitions in health and human services*. Paper presented at Walden University, Bloomington, IN.
114. Holloway, A., **Sharma, M.**, Bouda, D., & Musser, A. (2002, April 26). *A study of multi-modalities approach to biofeedback*. Paper presented at Nebraska Academy of Sciences, Lincoln, NE.
115. **Sharma, M.** (2001, July 25). *Kundalini Energy Yoga*. Paper presented at American Red Cross, Omaha Chapter, Omaha, NE.
116. **Sharma, M.** (2001, June 13). *Application of behavioral theory in health and human services*. Paper presented at Walden University, Phoenix, AZ.
117. **Sharma, M.** (2001, June 14). *Developing behavioral theory-based instruments for community health programs*. Paper presented at Walden University, Phoenix, AZ.
118. **Sharma, M.** (2001, June 15). *Reliability testing and using factor analysis for construct validation*. Paper presented at Walden University, Phoenix, AZ.
119. **Sharma, M.** (2001, June 16). *Considerations in sampling and data collection for survey research in health services*. Paper presented at Walden University, Phoenix, AZ.
120. **Sharma, M.** (1999, March 23). *Evaluation of worksite health promotion programs*. Paper presented at the Wellness Councils of the Midlands (WELCOM) Conference in Omaha, NE.
121. **Sharma, M.** (1999, October 20). *Alternative and complimentary health practices*. Paper presented at the 1999 Minority health conference held at Creighton University, Omaha, NE.

122. Gray, K., & **Sharma, M.** (1999). Development and evaluation of a school-based heart health program based on Social Cognitive theory. Paper presented at AAHPERD Annual Meeting in Boston, MA.
123. **Sharma, M.** (1998, October 10). *Operationalizing the Freirian Praxis of social change: Issues for measurement and evaluation.* Paper presented at the World Health Organization (WHO) & Associazione Italiana Amici di Raoul Follereau (AIFO) Workshop on Problem Solving Management Techniques, Bologna, Italy.
124. **Sharma, M.** (1998, October 11). *Participatory methods for problem solving used by community-based health programs and projects.* Paper presented at the World Health Organization (WHO) & Associazione Italiana Amici di Raoul Follereau (AIFO) Workshop on Problem Solving Management Techniques, Bologna, Italy.

**FUNDED GRANTS/ CONTRACTS: (n=108; about \$ 4 million; < \$5,000 = 54; \$5,000-\$50,000 = 38; \$50,001-\$500,000 = 7; >\$500,000 =2; Foreign =7)**

1. To apply multi-theory model of health behavior change to address implicit bias in public health, funded by *Jackson State University* under *National Science Foundation* Award 1008708 JSU ADVANCE, Jackson, MS (2017), **\$10,000**. Role: **Principal investigator**
2. Daniel Hale Williams Scholars Program funded by Jackson Heart Study Graduate Training and Education Center (GTEC), Jackson, MS (2017-18), **\$3,825**. Role: **Learning Community Instructor.**
3. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2017-18), **\$9,500**. Role: **Consultant**
4. Project IM-HUB grants evaluation, funded by *Wright State University* through *The Ohio Commission on Minority Health*, OH (2017), **\$7,000**. Role: **Consultant.**
5. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2016-17), **\$9,500**. Role: **Consultant**
6. Daniel Hale Williams Scholars Program funded by Jackson Heart Study Graduate Training and Education Center (GTEC), Jackson, MS (2016-17), **\$3,750**. Role: **Learning Community Instructor.**
7. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2016), **\$1,000**. Role: **Principal writer**
8. Project Student Awareness Mental Health Project (SAMHP), funded by *Historically Black Colleges and Universities Center for Excellence (HBCU-CFE) in Behavioral Health* (2015-16), **\$7,500**. Role: **Co-Principal Investigator.**
9. Project Suicide Prevention and Awareness for Depression (SPAD), funded by School of Public Health, *Jackson State University* (2015-16) **\$3,000**. Role: **Faculty Mentor.**
10. Project Expansion of the Certified Pathways Community HUB Model, funded by *Wright State University* through *The Ohio Commission on Minority Health*, OH (2015-16), **\$7,000**. Role: **Consultant.**
11. Daniel Hale Williams Scholars Program funded by Jackson Heart Study Graduate Training and Education Center (GTEC), Jackson, MS (2015-16), **\$11,250**. Role: **Learning Community Advisor.**
12. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2015), **\$1,000**. Role: **Principal writer**
13. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2015-16), **\$9,500**. Role: **Consultant**

14. Travel grant to China to deliver lectures and consult on research projects, funded by *Chongqing Medical University*, Chongqing, China (May 2015), **\$5,000**. Role: **Visiting Faculty**
15. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2014), **\$1,000**. Role: **Principal writer**
16. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2014-15), **\$7,500**. Role: **Consultant**
17. Influence of micro blogging on youth's behavior of eating out and pilot intervention (2014), funded by *KFC of China*, **RMB 150,000**. Role: **Co-Investigator**.
18. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2013-14), **\$7,500**. Role: **Consultant**
19. To participate as Visiting Faculty, Department of Nutrition and Food Hygiene, School of Public Health and Management, Chongqing Medical University, China, funded by *Chongqing Medical University* (2013) **RMB 20,000**. Role: **Visiting faculty**
20. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2013), **\$1,000**. Role: **Principal writer**
21. Research for capacity building for continuing medical education (CME) in India, funded by *GPClinics*, 2013, **\$2,408**. Role: **Principal investigator**
22. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2012-13), **\$7,500**. Role: **Consultant**
23. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2012), **\$1,000**. Role: **Principal writer**
24. Faculty mentoring research grant for the project: Using Social Cognitive Theory to measure five maternal-mediated constructs for predicting four behavioral determinants of childhood obesity (2012), funded by *University of Cincinnati*, **\$1,000**. Role: **Faculty mentor**.
25. Faculty mentoring research grant for the project: Predicting childhood obesity prevention behaviors using social cognitive theory for elementary school children in Taiwan (2012), funded by *University of Cincinnati*, **\$1,000**. Role: **Faculty mentor**.
26. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2011-12), **\$7,500**. Role: **Consultant**
27. Designing and evaluating a health belief model based intervention to increase HPV vaccination among college men: Use of qualitative and quantitative methodologies, funded by *Merck Pharmaceuticals* (2011-13) at *University of Cincinnati*, **\$68,988**. Role: **Principal investigator**.
28. Assistance to participate in Global Addiction Conference, Lisbon, Portugal funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2011), **\$3,000**. Role: **Principal writer**
29. Participation in Summer Technology Institute (2011) funded by *Faculty Development Council, University of Cincinnati*, **\$750**. Role: **Principal writer**
30. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2011), **\$1,000**. Role: **Principal writer**
31. Enhancing research and teaching skills for developing public health interventions to address obesity prevention (2011) funded by *Faculty Development Council, University of Cincinnati*, **\$2,261**. Role: **Principal writer**.
32. Faculty mentoring research grant for the project: Using health belief model to predict common childhood obesity prevention behaviors in upper elementary school children (2011), funded by *University of Cincinnati*, **\$1,000**. Role: **Faculty mentor**.

33. Faculty mentoring research grant for the project: Health belief model based predictors of engagement in text messaging while operating a motor vehicle (2011), funded by *University of Cincinnati*, **\$1,000**. Role: **Faculty mentor**.
34. Faculty mentoring research grant for the project: Using the health belief model and acculturation levels to predict safer sex and sexual communication among African immigrants in Ohio (2011), funded by *University of Cincinnati*, **\$1,000**. Role: **Faculty mentor**.
35. Faculty mentoring research grant for the project: Designing and evaluating an after school social cognitive theory based comic book intervention for the prevention of childhood obesity among elementary-aged school children (2011), funded by *University of Cincinnati*, **\$1,000**. Role: **Faculty mentor**.
36. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2010-11), **\$6,500**. Role: **Consultant**
37. Healthy choices among school students (2011), funded by *United Health Care Youth Service America HEROES grant*, at *University of Cincinnati*, **\$3,050**. Role: **Principal investigator**.
38. Assistance to participate in 2<sup>nd</sup> International Congress on Abdominal Obesity in Buenos Aires (2011) funded by *Diversity Committee, University of Cincinnati*, **\$3,500**. Role: **Principal writer**.
39. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2010), **\$1,000**. Role: **Principal writer**.
40. Designing a theory-based wellness program for Employees State Insurance Corporation (ESIC), India funded by *Indian Heart Alliance* (2010), at *University of Cincinnati*, **\$3,600**. Role: **Principal investigator**.
41. Faculty mentoring research grant for the project: Designing and pilot testing a physical activity intervention to enhance self-efficacy, self-control, and expectations in Asian Indian women (2010), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
42. Faculty mentoring research grant for the project: Theory of Planned Behavior based predictors of sleep behaviors and intentions in undergraduate college students (2010), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
43. Faculty mentoring research grant for the project: A formative evaluation of the feasibility and acceptability of a health promoting comic book among 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> grade children (2010), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
44. Promoting fruit and vegetable consumption among 4<sup>th</sup> grade students using self-developed comic books (2010), funded by *United Health Care Youth Service America HEROES grant*, **\$4,623**. Role: **Co-investigator**.  
Report on: <http://www.ysa.org/grants/list/UnitedHealth%20HEROES/2010>
45. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2009), at *University of Cincinnati*, **\$1,000**. Role: **Principal writer**.
46. Faculty mentoring research grant for the project: Predictors of snack food consumption among children: Implications for health promoting interventions (2009), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
47. Faculty mentoring research grant for the project: Developing and testing a brief social cognitive theory based intervention for safer sex among African-American college students (2009), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
48. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2009-10), **\$12,000**. Role: **Consultant**.

49. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2008-09), **\$8,000**. Role: **Consultant**.
50. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2008), at *University of Cincinnati*, **\$1,000**. Role: **Principal writer**.
51. Interdisciplinary faculty research grant: Children's Health Attitudes Project (CHAP Initiative) (2008), funded by *University of Cincinnati*, **\$25,000**. Role: **Co-investigator**.
52. Faculty mentoring research grant for the project: Physical activity levels among Asian Indian university students: Social cognitive theory determinants (2008), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
53. Faculty mentoring research grant for the project: Predicting obesity prevention behaviors using social cognitive theory among overweight children in the clinical setting (2008), funded by *University of Cincinnati*, **\$737**. Role: **Faculty mentor**.
54. Faculty mentoring research grant for the project: Social cognitive theory based predictors of alcohol use among Asian Indian international students in Midwestern universities (2008), funded by *University of Cincinnati*, **\$500**. Role: **Faculty mentor**.
55. Faculty mentoring research grant for the project: Testing the efficacy of social cognitive theory based intervention of safer sex among African American college students (2008), funded by *University of Cincinnati*, **\$500**. Role: **Faculty mentor**.
56. Effects of a promotor-mediated physical activity intervention for Latinas (2006-09), funded by *National Institutes of Health* (1K01NR009381-01A2), **\$ 274,104**. Role: **Mentor**.
57. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2007-08), **\$8,000**. Role: **Consultant**.
58. Graduate Editorial Assistant for *Journal of Alcohol and Drug Education* funded by *The Graduate Council* (2007-08), at *University of Cincinnati*, **\$30,000**. Role: **Principal writer**.
59. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2007), at *University of Cincinnati*, **\$500**. Role: **Principal writer**.
60. Faculty mentoring research grant for the project: Social cognitive theory-based predictors of safer sex in college students (2007), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
61. Faculty mentoring research grant for the project: Designing and pilot testing an Internet based intervention to enhance social support and acculturation of Asian Indian international students (2007), funded by *University of Cincinnati*, **\$500**. Role: **Faculty mentor**.
62. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2006), at *University of Cincinnati*, **\$500**. Role: **Principal writer**.
63. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2006-07), **\$10,000**. Role: **Consultant**.
64. Evaluation of the Santa Maria Community Partnership Project funded by *Wright State University & The Ohio Commission on Minority Health*, OH (2006-07), **\$10,100**. Role: **Principal Investigator**.
65. Graduate Editorial Assistant for *Journal of Alcohol and Drug Education* funded by *The Graduate Council* (2006-07), at *University of Cincinnati*, **\$30,000**. Role: **Principal writer**.
66. Present a paper at 11<sup>th</sup> World Congress on Public Health in Rio De Janerio, Brazil funded by *Faculty Development Council* (2006), at *University of Cincinnati*, **\$ 3,050**. Role: **Principal writer**.

67. Ann A. Hertzler Research Award for designing and pilot testing a childhood obesity prevention intervention (2006), funded by *American Dietetic Association*, \$ 5,000. Role: **Co-Investigator**
68. Using social cognitive theory to predict childhood obesity prevention behaviors among primary school children in China (2006), funded by *University of Cincinnati International Program*, \$4,000. Role: **Co-Investigator**
69. Faculty mentoring research grant for the project: Predictors of mental health in Asian Indian international students: Implications for health education (2006), funded by *University of Cincinnati*, \$750. Role: **Faculty mentor**.
70. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2005-06), \$13,250. Role: **Consultant**.
71. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2005), at *University of Cincinnati*, \$500. Role: **Principal writer**.
72. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2004), at *University of Cincinnati*, \$500. Role: **Principal writer**.
73. Pilot-testing an innovative yoga-based intervention as supportive therapy for arthritis by *Nebraska Health & Human Services System (NHHSS)* (2004), \$2,800. . Role: **Principal Investigator**.
74. Testing a yoga-based smoking cessation program (2004), funded by *Nebraska Health & Human Services System (NHHSS)* at *University of Nebraska at Omaha*, \$24,000. Role: **Co-Investigator**.
75. Designing and conducting evaluation of the FRE (Full responsibility education) program in Omaha by *Insight, Inc.* (2003) at *UNOmaha*, \$1,000. . Role: **Principal Investigator**.
76. Afghan women teacher training exchange program (2002), funded by *United States Bureau of Educational & Cultural Affairs* at *UNOmaha*, \$200,000. Role: **Consultant**.
77. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (Winter 2002), at *UNOmaha*, \$ 1,000. Role: **Principal writer**.
78. Online graduate course development on Health Education Interventions funded by *Nebraska Distance Learning Consortium* (2002) at *UNOmaha*, \$2,500. Role: **Principal writer**.
79. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (Fall 2002), at *UNOmaha*, \$ 1,000. Role: **Principal writer**.
80. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (Spring 2002), at *UNOmaha*, \$ 1,000. Role: **Principal writer**.
81. Evaluation of *Project Frontier Youth Initiative*, (2002-2003) funded by *Educational Service Unit #17*, Ainsworth, NE, \$8,400. Role: **Principal Investigator**.
82. Training and evaluation of medical residents in smoking cessation based on AHCPR guidelines in North and North East Omaha (2001), funded by *Nebraska Health & Human Services Department* at *UNOmaha*, \$8,500. Role: **Co-Investigator**.
83. Outreach to ethnic minorities through Tobacco Free Nebraska in Douglas County (2002-2004), funded by *Nebraska Health & Human Services Department* at *Charles Drew Health Center*, \$858,798. Role: **Consultant**.
84. Facilitation of Strategic Planning and Assessment of Infant Mortality reduction efforts by *Omaha Healthy Start* (2001-2005), a project funded by *Maternal and Child Health Bureau* of the *United States Department of Health and Human Services*, \$900,000. Role: **Consultant**.



85. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2001), at *UNOmaha*, \$ 5,000. Role: **Principal writer.**
86. Strategic Planning of community-based community-based rehabilitation programme in Mongolia funded by *European Union & Associazione Italiana Amici di Raoul Follereau* (2000) at *UNOmaha*, \$ 5,000. Role: **Principal Investigator.**
87. Needs assessment through focus group discussions for colorectal cancer intervention planning in Lancaster County, Nebraska (2000), at *American Cancer Society*, \$17,500. Role: **Co-Investigator.**
88. Survey of cancer-related knowledge, attitudes, practices in Omaha minority communities, Nebraska (2000), at *American Cancer Society*, \$26,100. Role: **Co-Investigator.**
89. Assistance with editing *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (1999 & 2000), at *UNOmaha*, \$5,000 for each year. Role: **Co-Writer.**
90. Evaluation of smoking cessation training of volunteers and health care providers in Omaha funded by the *Nebraska Health and Human Services System*, Lincoln, NE (1999-2000) at *UNOmaha*, \$ 70,509. Role: **Principal Investigator.**
91. Development and evaluation of a comprehensive program for prevention and control of asthma in Omaha funded by the *U.S. Environmental Protection Agency (USEPA)*, Kansas City, KS (1999-2001) at *UNOmaha*, \$98,000. Role: **Co-Investigator.**
92. Incorporation of service learning in health education curriculum funded by *The Nebraska Consortium for Service Learning in Higher Education* (2000) at *UNOmaha*, \$1,500. Role: **Principal writer.**
93. Service Learning Pilot Project -- *Healthy Halloween Campaign* for health education planning and organization students funded by the *United Methodist -- 55 Plus Program*, Omaha, NE including in-kind support from several community-based agencies (1999) at *UNOmaha*, \$2,300. Role: **Principal writer.**
94. Participatory evaluation of community-based community-based rehabilitation programme in North Central Vietnam funded by *European Union & Associazione Italiana Amici di Raoul Follereau* (1999) at *UNOmaha*, \$ 5,000. Role: **Principal Investigator.**
95. Development and evaluation of *Lead Safe Coalition in Omaha* funded by the *U.S. Environmental Protection Agency*, Kansas City, KS (1999), at *Indian Chicano Health Center*, \$ 47,000. Role: **Consultant.**
96. Training in participatory methods and *Freirian praxis*, Bologna, Italy funded by *Associazione Italiana Amici di Raoul Follereau (AIFO)* (1998) at *UNOmaha*, \$1,000. Role: **Consultant.**
97. Evaluation of *Maternal and Child Health Coalition in Omaha*, funded by the *Department of Health & Human Services of the U.S. Government* (1998), at *Charles Drew Health Center*, \$400,000. Role: **Consultant.**
98. Development of a weight management program for obese community members of Omaha Tribe funded by the *Omaha Tribe*, Macy, NE (1997) at *UNOmaha*, \$19,000. Role: **Co-Investigator.**
99. Development and evaluation of “Building Healthy Lifestyles” intervention in Columbus, Ohio Phase II funded by the *Centers for Disease Control and Prevention (CDC)* through the Federal Preventive Health, Health Services Block Grant (PHHSBG) administered through the Ohio Department of Health (ODH) (1997), at *Columbus Health Department*, \$159,000. Role: **Principal writer.**
100. Development and evaluation of “Building Healthy Lifestyles” intervention in Columbus, Ohio Phase I funded by the *Centers for Disease Control and Prevention (CDC)* through the Federal Preventive Health, Health Services Block Grant (PHHSBG) administered through the Ohio Department of Health (ODH) (1996), at *Columbus Health Department* \$149,000. Role: **Principal writer.**

101. Development of scales for measuring problem solving skills and its antecedents among upper elementary school children funded by *The Ohio State University*, College of Education (1995) at *The Ohio State University*, **\$1,400**. Role: **Principal Investigator**.
102. A study of *Lactobacillus acidophilus* as a cholesterol-lowering agent in hypercholesterolemic individuals funded by *UAS Laboratories*, MN (1994) at *Minnesota State University*, **\$17,000**. Role: **Principal Investigator**.
103. An inquiry on the role of Lactobacilli on conditions affecting health funded by *Minnesota State Universities*, MN (1993) at *Minnesota State University*, **\$3,585**. Role: **Principal Investigator**.
104. Health orientation training for development groups personnel funded by *EZE Germany* (1989-92) at *Voluntary Health Association of India*, **Rs.200,000**. Role: **Principal writer**.
105. A medico-anthropological analysis of educational materials developed against AIDS prevention under the Universities Talk AIDS (UTA) program funded by the *World Health Organization (WHO)*, *SEARO Region* (1992) at *University College of Medical Sciences*, **Rs.15,000**. Role: **Co-Investigator**.
106. Evaluation of the impact of "Training of Trainers in Community Health" program based on participatory research methods funded by the *Swiss Development Corporation (SDC)* (1989-92) at *Voluntary Health Association of India*, **Rs. 350,000**. Role: **Co-Investigator**.
107. To conduct needs assessment and develop community health projects in high-need states of India, KHOJ Project (Developing Community Health Projects in Selected States of India) funded by *EZE, Germany*, (1991-92) at *Voluntary Health Association of India*, **Rs. 200,000**. Role: **Co-Investigator**.
108. To develop health education materials for Improved Infant Feeding Practices (IIFP) Project funded by *United Nations Children's Fund (UNICEF)* (1989-91) at *Voluntary Health Association of India*, **Rs. 200,000**. Role: **Consultant**.

### **RESEARCH IN MEDIA & NEWS:**

- Book on Practical Stress management covered as: "Elsevier Updates Stress Management Handbook with New Meditation Techniques" on June 13, 2017 on BioSpace (United States), Broadway World (United States), Morningstar.com (United States), Wallstreet Online (Germany), MarketWired (Canada), Daily Times Leader (United States), EIN News (United States) <http://www.broadwayworld.com/bwwbooks/article/Elsevier-Updates-Stress-Management-Handbook-with-New-Meditation-Techniques-20170613#>
- Article on Diet and sleep covered as "Does your diet influence how well you sleep?" on April 22, 2016 in Times of India, Siasat Daily (India), Deccan Chronicle (India), Syndication (India), Medical News Today (United Kingdom), News-Medical.Net (Australia), EurekAlert! (United States) <http://timesofindia.indiatimes.com/life-style/health-fitness/diet/Does-your-diet-influence-how-well-you-sleep/articleshow/51938209.cms>
- Two articles on "Most-Read Articles" list of *Health Promotion Practice* during April 2015 through March 2016: (#16) Branscum, P. W., Sharma, M., Wang, L., Wilson, B., & Guyler, L. (2013). A process evaluation of a social-cognitive-theory-based childhood obesity prevention intervention: The Comics for Health program. *Health Promotion Practice*, 14(2), 189-198. (#48) Branscum, P., & Sharma, M. (2014). Comparing the utility of the theory of planned behavior between boys and girls for predicting snack food consumption: Implications for practice. *Health Promotion Practice*, 15(1), 134-140.
- One article on the "most-read" articles list of *IQCHE*, May 2016: Priest, H. M., Knowlden, A. P., & Sharma, M. (2015). Social cognitive theory predictors of human papillomavirus

vaccination intentions of college men at a Southeastern university. *International Quarterly of Community Health Education*, 35(4), 371-385.

- One article recognized (#12) in the list of “most read “articles for 2014-15 by *Health Promotion Practice*: Branscum, P. W., Sharma, M., Wang, L., Wilson, B., & Guyler, L. (2013). A process evaluation of a social-cognitive-theory-based childhood obesity prevention intervention: The Comics for Health program. *Health Promotion Practice*, 14(2), 189-198.
- Research on yoga and cancer covered as, “UC research shows yoga as cancer treatment is not such a big stretch” on <http://www.uc.edu/news/NR.aspx?id=18676> on November 4, 2013.
- One article on “Yoga as an alternative and complementary approach for arthritis: A systematic review “ in *Journal of Evidence-Based Complementary & Alternative Medicine* was featured on [www.MDLinx.com](http://www.MDLinx.com) and selected as **number 1** on the orthopedics site <http://www.mdlinx.com/rheumatology/news-article.cfm/4825892/251/yoga-mind-body-interventions-arthritis-osteoarthritis> Also covered in *RA Today*, Vol. 5, Issue 2, p. 4. in 2013.
- One article on 'Role of yoga in preventing and controlling Type 2 diabetes mellitus' in *Journal of Evidence-Based Complementary & Alternative Medicine* was featured on [www.MDLinx.com](http://www.MDLinx.com) and selected as **number 6** on the emergency-medicine site <http://www.mdlinx.com/emergency-medicine/news-article.cfm/3992801> in 2012.
- One article identified as “most-read article” in 2011 by *Journal of Evidence based Complementary and Alternative Medicine* (Formerly Complementary Health Practice Review) (#3: Mehta, P., & Sharma, M. (2010). Yoga as a complementary therapy for clinical depression. *Complementary Health Practice Review*, 15(3), 156-170)
- Two articles identified as “top downloaded reviews” by *Obesity Reviews*, 2010 (#2: Sharma, M. (2007). Behavioral interventions for preventing and treating obesity in adults. *Obesity Reviews*, 8(5), 441-449. #9: Sharma, M. (2007). International school-based interventions for preventing obesity in children. *Obesity Reviews*, 8 (2), 155–167.)
- Research with Paul Branscum, doctoral advisee, on *childhood snacking* (<http://www.uc.edu/news/NR.aspx?id=15067> ) covered on May 7, 2012 on NPR ([http://www.wvxu.org/news/wvxunews\\_article.asp?ID=10025](http://www.wvxu.org/news/wvxunews_article.asp?ID=10025) and zee news ([http://zeenews.india.com/news/health/healthy-eating/why-kids-prefer-high-calorie-snacks-over-fruits\\_16896.html](http://zeenews.india.com/news/health/healthy-eating/why-kids-prefer-high-calorie-snacks-over-fruits_16896.html)), News track India (<http://www.newstrackindia.com/newsdetails/2012/05/08/338-Why-some-kids-prefer-high-calorie-snacks-over-fruits.html>), Medical Express (<http://medicalxpress.com/news/2012-05-children-snack-choices.html>), Counsel heal (<http://www.counselheal.com/articles/1770/20120508/researchers-examine-what-predict-children-s-snack.htm>), Eurekalert ([http://www.eurekalert.org/pub\\_releases/2012-05/uoc-nse050712.php](http://www.eurekalert.org/pub_releases/2012-05/uoc-nse050712.php)), Red orbit (<http://www.redorbit.com/news/health/1112530098/predicting-snack-choices-of-children/>), Empower (<http://www.empowher.com/obesity/content/are-your-kids-snacking-their-way-poor-health>), Voice of America (<http://blogs.voanews.com/science-world/2012/05/14/childrens-snack-choices-studied/>), & News Record (May 17, 2012) Study tracks local schools’ eating habits.
- Research with Adam Knowlden, doctoral advisee, on *childhood obesity* (Parents are primary target for pediatric obesity programs) on January 16, 2012 covered in Doctors lounge at <http://www.doctorslounge.com/index.php/news/pb/25995>
- Research with Matthew Asare, doctoral advisee, on *sex behaviors in African immigrants* covered in (1) UC media release: Fuller, D. (November 8, 2011). Survey finds that AIDS remains an unspeakable subject for African immigrants <http://www.uc.edu/news/NR.aspx?id=14566> (2) Medical Xpress.com <http://medicalxpress.com/news/2011-11-survey-aids-unspeakable-subject-african.html> (3) Medical daily: <http://www.medicaldaily.com/news/20111108/7828/aids-hiv-how-to-treat-aids-how-to-prevent-it-the-dangers-of-not-wearing-a-condom-unprotected-se.htm> (4) News

Medical: <http://www.news-medical.net/news/20111109/AIDS-remains-a-public-health-concern-among-African-immigrants-Survey.aspx> (5) Science codex: [http://www.sciencecodex.com/read/survey\\_finds\\_that\\_aids\\_remains\\_an\\_unspeakable\\_subject\\_for\\_african\\_immigrants-81111](http://www.sciencecodex.com/read/survey_finds_that_aids_remains_an_unspeakable_subject_for_african_immigrants-81111)

- Research with Adam Knowlden, doctoral advisee, on *sleep research* covered in (1) UC media release: Fuller, D. (August 30, **2011**). Wakeup call for college students: New research finds you need to catch more Z's <http://www.uc.edu/news/NR.aspx?id=14097> (2) Times of India: Lack of sleep can hurt students' performance <http://timesofindia.indiatimes.com/life-style/relationships/parenting/Lack-of-sleep-can-hurt-students-performance/articleshow/9810535.cms> (3) German Press: <http://www.pressext.com/news/20110831027> (4) KMPH-FRES (FOX) News - Fresno, CA; (5) U.S. News & World Report <http://health.usnews.com/health-news/family-health/sleep/articles/2011/09/10/college-students-not-getting-enough-zs>; (6) WCTV – Tallahassee [http://www.wctv.tv/healthmatters/headlines/Health\\_Matters\\_College\\_Students\\_Lack\\_of\\_Sleep\\_130186603.html](http://www.wctv.tv/healthmatters/headlines/Health_Matters_College_Students_Lack_of_Sleep_130186603.html)
- Research with Paul Branscum, doctoral advisee, on *childhood obesity* covered in: (1) UC media release: Fuller, D. (August 2, **2011**). A true challenge for any superhero: Can comic books combat childhood obesity? <http://www.uc.edu/news/NR.aspx?id=14001> (2) First Science: [http://www.firstscience.com/home/news/science-business/a-true-challenge-for-any-superhero-can-comic-books-combat-childhood-obesity\\_110718.html](http://www.firstscience.com/home/news/science-business/a-true-challenge-for-any-superhero-can-comic-books-combat-childhood-obesity_110718.html) (3) Psych4 schools: <http://www.psych4schools.com.au/announcements/creating-comics-helps-kids-adopt-healthy-behaviours> (4) Sulekha.com: [http://newshopper.sulekha.com/kids-develop-comic-book-characters-to-fight-flab\\_news\\_1332081.htm](http://newshopper.sulekha.com/kids-develop-comic-book-characters-to-fight-flab_news_1332081.htm) (5) City Bengaluru: <http://www.citybengaluru.com/kids-develop-comic-book-characters-to-fight-flab/> (6) South Asian News Papers: [http://www.southasiannewspapers.com/3\\_8\\_2011\\_11.htm](http://www.southasiannewspapers.com/3_8_2011_11.htm) (7) New Kerala. com: <http://www.newkerala.com/news/2011/worldnews-41915.html> (8) India forums: <http://www.india-forums.com/news/america/349596-kids-develop-comic-book-characters-to-fight-flab.htm> (9) Sify news: <http://www.sify.com/news/kids-develop-comic-book-characters-to-fight-flab-news-international-lieskwjfabg.html> (10) Toronto sun: <http://www.torontosun.com/2011/08/03/comic-books-combat-childhood-obesity-researcher>  
This story was #1 on top-10 most widely read news releases on the Newswise national wire service. (Between August 2, 2011 and September 15, 2011 it had 4091 hits)
- Research about application of *Freirian model* in community-based rehabilitation covered by Drum Beat (circulation 65,000 subscribers) from The Communication Initiative (January **2008**). Available from: [http://www.comminit.com/en/drum\\_beat\\_424.html](http://www.comminit.com/en/drum_beat_424.html)
- Research on *mental health* in South Asian students covered by Indolink (August **2007**). Available from: <http://www.indolink.com/displayArticleS.php?id=080207071316>
- Research on *childhood obesity* covered by (1) TV Channel 9 (WCPO) (June 28, **2006**) (2) TV Channel 12 (WKRC) (September 6, 2006). (3) UC media release: Fuller, D. (June 26, 2006). UC Researchers develop and test prevention program for childhood obesity. Available from: <http://www.uc.edu/news/NR.aspx?id=4110> (4) UC (2006, Fall). Preventing childhood obesity. *UC research* (pp.6), (5) Prevention program for childhood obesity developed and tested by researchers (July 23, 2006) Medical news today (Available from: <http://www.medicalnewstoday.com/medicalnews.php?newsid=47769> ), (6) The Washington Times. Harper, J. (November 7, 2006) Bigger bellies are bad for children (Available from: <http://washingtontimes.com/national/20061106-114051-8893r.htm> ), (7) Obesity, Fitness & Wellness Week (August 12, 2006) Pediatric Obesity; Researchers develop and test a prevention program for childhood obesity (Available from: <http://proquest.umi.com.proxy.libraries.uc.edu/pqdlink?did=1087597561&Fmt=7&clientId=5>

[468&RQT=309&VName=PQD](#) ), (8) Biotech Week (August 9, 2006) Pediatric Obesity; Researchers develop and test a prevention program for childhood obesity (Available from: <http://proquest.umi.com.proxy.libraries.uc.edu/pqdlink?did=1086324971&Fmt=7&clientId=5468&RQT=309&VName=PQD> )

- Research on *leisure time physical activity in African American women* covered in: (1) Medical News Today (September 7, **2005**; Available from: <http://www.medicalnewstoday.com/newssearch.php?newsid=30264>); (2) Women's Health News (September 6, 2005; Available from [http://www.news-medical.net/print\\_article.asp?id=13013](http://www.news-medical.net/print_article.asp?id=13013) ); (3) Nubella (September 7, 2005; Available from <http://www.nubella.com/content/view/1343/>)
- Research on *breast-feeding and father's role*: (1) CBS This Morning (March 9, **1998**), Kansas City Star (March 4, 1998), Reuters News Service (March 5, 1998), Chicago Tribune (March 19, 1998), Charlotte Observer (March 24, 1998 & April 6, 1998), Gannett News Service (March 25, 1998), Buffalo News (April 7, 1998), Gannett News Service (April 14, 1998), Copley news Service (April 20, 1998), Omaha World Herald (August 17, 1998), Philadelphia Inquirer (August 12, 1998), New Orleans Times-Picayune (August 30, 1998), Fathers and breast-feeding. (1998, June). Glamour, p. 34., When he says no to nursing. (1998, September). Redbook, p. 26., Convince dads of breast-feeding. Fathers can help or hinder your efforts. (1998, April 15). Obstetric and Gynecologic News, p. 35-36.
- Work with *Omaha Tribe* covered as: Motivation found in traditional ways of life. (March 17, **1998**). *The Gateway. The University of Nebraska at Omaha's student newspaper*, p. 2.
- Research on *participatory evaluation of CBR program in Vietnam* covered as: Assistant professor Sharma researches Vietnam health issues. (September 7, **1999**). *The Gateway. The University of Nebraska at Omaha's student newspaper*, p. 2 Selected as a required reading by the University of Victoria (Canada) for the International Certificate Course in Participatory Research in Fall 2005. Invited to facilitate an online discussion with students from 7 countries in Fall **2005**.
- Yoga research covered as: Logan, K. (**2002**, Mar.). Benefits of standardized yoga studied. *The Gateway. The University of Nebraska at Omaha Student Newspaper*, 2 (43), p. 2.
- Research on *Lactobacillus acidophilus and hypercholesterolemia* covered by *Mankato State University newsletters and local Mankato newspaper* (June **1994**).
- Work on *prevention of cardiovascular diseases through participatory role of NGO's* covered by national dailies in India -- Indian Express, Hindustan Times and Times of India (April **1992**).
- *Epidemiological and social research on food poisoning disaster in northern India* published in *Dainik Jagran*, a regional newspaper (August **1990**).

### **AWARDS & HONORS:**

- Albert Nelson Marquis Lifetime Achievement Award, Marquis Who's Who Publication Board, **2017**.
- Certificate of Appreciation, Exemplary Services as a Dissertation Chairperson, Graduate School, Jackson State University, **2016**
- Fellow, Royal Society for Public Health (FRSPH), **2016**.  
[Required approval by Chair & Council, career commitment to improvement of population health, post graduate qualifications in public health and at least five years of professional experience in public health]
- Poster with doctoral student, Vimala Lingam, awarded the best student poster award by the Integrative, Complementary, and Traditional Health Practices (ICTHP) Section at the 144th American Public Health Association (APHA) Annual Meeting, November **2016**.

- Student Assembly Public Health Mentoring Award by the American Public Health Association (APHA) for leadership in mentoring public health students, November **2013**.
- “Excellent” merit band, University of Cincinnati, **2013**.
- Distinguished Health Educator Service Award by the Ohio Public Health Association (OPHA), May **2013**.
- Certificate of Appreciation, Ronald E. McNair Post-baccalaureate Achievement Program, **2013**.
- 2012 Honorable Mention for the Student Assembly Public Health Mentoring Award by the American Public Health Association (APHA) for leadership in mentoring public health students, November **2012**.
- 2012 Honorable Mention for the Excellence in Mentoring Award by the Graduate School, University of Cincinnati for leadership in mentoring doctoral students, **2012**.
- Outstanding Educator Recognition Award for 2012, Cincy Magazine, Cincinnati, April **2012**.
- William R. Gemma Distinguished Alumnus Award from College of Public Health Alumni Society at the Ohio State University, September **2011**.
- The 2010-2011 Golden Apple Award for Excellence in Teaching and Student-Faculty Relations, University of Cincinnati, June **2011**.
- Fellow, American Academy of Health Behavior (FAAHB), **2011**.  
[Required 50 data-based research papers in national/international peer-reviewed journals; 75 presentations in national/international professional meetings; and approval by majority two-thirds vote by Board of Directors]
- Fellow, The Obesity Society (FTOS), **2011**.  
[Required original research in areas relating to obesity resulting in senior authorship of five or more scientific papers in English language, peer-reviewed journals]
- “Superior” merit band, University of Cincinnati, **2011**.
- Papers with students won first prize in poster competition (Adam Knowlden), third prize in poster competition (Adam Knowlden) and third prize in oral presentation (Taj Haider) at Ohio Public Health Combined Conference, Columbus, OH, **2011**.
- “Excellent” merit band, University of Cincinnati, **2010**.
- Papers with students won first prize in poster competition (Adam Knowlden), second prize in poster competition (Ashlee Hoffman) and second prize in oral presentation (Paul Branscum) at Ohio Public Health Combined Conference, Columbus, OH, **2010**.
- Most Effective Poster Presentation with Dr. Amar Kanekar at the Society for Public Health Education’s National Convention in Philadelphia, PA, Nov. **2009**.
- Best researcher of the year in Ohio award by Health Policy Institute of Ohio, **2008** (awarded for the paper: Yung, B., Leahy, P., Deason, L.M., Fischer, R. L., Perkins, F., Clasen, C., & Sharma, M. (2008). Capacity building needs of minority health nonprofits. *Evaluation and Program Planning*, 31, 382-391).
- Best poster in Alcohol, Tobacco & Other Drugs with Samrat Yeramaneni at the American Public Health Association’s Annual Meeting in San Diego, Nov. **2008**.
- Faculty Bonus Award, University of Cincinnati, August **2007**.
- Public Health Education and Health Promotion (PHEHP) Materials Contest Winner awarded by American Public Health Association, for “Wakic unpi Wiconi,” Sharing the gift of life educational DVD prepared for South Dakota Indian people in collaboration with South Dakota State University , **2006**.
- Faculty Bonus Award, University of Cincinnati, August **2006**.
- 2006 UC Honor Roll of Volunteers, **2006**.
- Selected and included from the 9<sup>th</sup> Edition (**2006-2007**) onward in the Who's Who in Science and Engineering published annually by Marquis and includes prominent scientists.

- Selected and included from the 7<sup>th</sup> Edition (**2006-2007**) **onward** in the Who's Who in American Education published annually by Marquis and includes prominent American educators.
- Selected and included in the National Register's Who's Who in Executives and Professionals (**2005 onward**).
- Selected and included from the 56<sup>th</sup> Edition (**2002-2003**) **onward** in the Who's Who in America published annually by Marquis and includes prominent Americans.
- Service Learning Recognition Award, **Spring 2001**, University of Nebraska at Omaha.
- Selected and included from the 3<sup>rd</sup> Edition (**2000-2001**) **onward** in the Who's Who in Medicine and Health Care published annually by Marquis and is a benchmark reference on prominent medical and health professionals.
- Selected and included from the 18<sup>th</sup> Edition (**2000-2001**) **onward** in the Who's Who in the World published annually by Marquis and includes prominent world professionals.
- Graduate Faculty Fellow, University of Nebraska, **2000**.  
[Required outstanding achievement in research and approval by two-third Fellows]
- William Oxley Thompson Early Career Achievement Award by The Ohio State University Alumni Association, **1998**.
- Awarded invitational membership for the year **1998-99** in the New York Academy of Sciences & Association for Advancement of Science, organizations devoted to advancement of science and include interdisciplinary scientists as members.
- PRIDE Award, Best Health Promotion Program in Ohio, Ohio Public Health Association, **1997**.
- Honor a colleague award, Association for Advancement of Health Education, **1997**.
- Best Dissertation award, **1996-97**, American School Health Association (ASHA).
- Best Dissertation award, **1996-97**, Society for Public Health Education (SOPHE).
- Research Consortium award for graduate student research, Association for Advancement of Health, Physical Education, Recreation, and Dance (AAHPERD), **1996-97**.
- Fellow, American Institute of Stress (FAIS), **1994**.  
[Required advanced education, research, training, skills or practical experience in a stress related area]
- Certificate of appreciation -- Students Providing Options to Students (SPOTS) -- Drug and alcohol peer education program at Minnesota State University, **1994**.
- Gold medal, Postgraduate Certificate in Health and Family Welfare Management awarded by the President of India, **1992**.
- Gold medal and best student award, Postgraduate Diploma in Training and Development, awarded by Samarpan Foundation, **1991**.
- Certificate of Merit, Best National Service Scheme (NSS) Volunteer Award, **1986-87**.

### **PROFESSIONAL MEMBERSHIPS:**

- American Public Health Association (1994 onward).
- Indian Association of Preventive & Social Medicine (Life member since 1991).
- Indian Society for Training & Development (Life member since 1990).
- Indian Science Congress Association (Life member since 1985).
- American School Health Association (Life member since 1992).
- *Eta Sigma Gamma* (Health Education Honorary Society) (Life member since 1992).
- Mississippi Public Health Association (Life member since 2015).